

Marcellus

拍數: 40 牆數: 4 級數:
編舞者: Margaret McCabe (USA)
音樂: Fastest Healing Wounded Heart - Michelle Wright



RIGHT KICK, HOME/CLAP AT SAME TIME

1-2 Weight is on left, kick right foot, bring to home position and clap hands at same time

LEFT KICK, HOME/CLAP AT SAME TIME

3-4 Weight is on right, kick left foot, bring to home position and clap hands at same time

RIGHT, LEFT, RIGHT FORWARD, STOMP LEFT

5-6 Step forward on right foot; forward on left foot

7-8 Step forward on right foot, stomp left foot home

SWIVEL RIGHT, SWIVEL LEFT

9-10 Swivel heels to right, then home

11-12 Swivel heels to left, then home

LEFT, RIGHT, LEFT BACKWARD, STOMP RIGHT

13-14 Step back on left foot, back on right foot

15-16 Step back on left foot, stomp right foot home

HEEL SPLITS, TOE SPLITS

17-18 Heel splits, home

19-20 Toe splits, home

RIGHT VINE, SCUFF LEFT

21-22 Right foot to right side, cross left foot behind right

23-24 Right foot to side, scuff left foot next to right

PIVOT ½ TO RIGHT TWICE

25-26 Step out with left foot, pivot ½ turn to right

27-28 Step out with left foot, pivot ½ turn to right

LEFT VINE, SCUFF RIGHT

29-30 Left foot to left side, cross right foot behind left

31-32 Left foot to side, scuff right foot next to left

PIVOT ½ TO LEFT TWICE

33-34 Step out with right foot, pivot ½ turn to left

35-36 Step out with right foot, pivot ½ turn to left

RIGHT STOMP, LEFT STOMP, ¼ PIVOT LEFT, RIGHT STOMP

37-38 Stomp right foot in home position, stomp left foot in home position

39-40 Pivot ¼ turn to left (military style), stomp right foot

REPEAT
