

Mapa Waltz (P)

拍數: 42 牆數: 0 級數: Partner
編舞者: Mildred Loe (USA) & Jim Loe
音樂: Famous Last Words of a Fool - George Strait



Position: Start in the CW Position

LADY

BASIC WALTZ STEP:

1-2-3 Back right, left, right
4-5-6 Back left, right, left

STEP BEHIND THEN FULL TURN LEFT:

1-2-3 Drop man right hand, step behind man, right, left, right
4-5-6 Turn full turn left to CW position left, right, left

BASIC WALTZ STEPS WITH A TOUCH:

1-2-3 Back right, left, right
4-5-6 Back left, right, touch left toe

CROSS IN FRONT ½ TURN TO SWEETHEART POSITION:

1-2-3 Cross in front of man ½ turn to Sweetheart Position left, right, left
4-5-6 Step backward right, left, right

LEFT WEAVE, RIGHT WEAVE:

1-2-3 Cross left foot over right left, right, left
4-5-6 Cross right over left right, left, right

TWO ½ TURN TO SWEETHEART POSITION:

1-2-3 Drop mans right hand, while turning, still holding left hand, turn left ½ turn

Man turns under lady's left arm left, right, left

4-5-6 Still holding mans left hand, lady turn ½ turn left under mans left arm back to CW position
right, left, right

BASIC FORWARD ½ TURN TO RIGHT TO NEW PARTNER:

1-2-3 Forward left, right, left
4-5-6 Lady drop mans left hand turn ½ turn right, meet next partner right, left, touch right

MAN

BASIC WALTZ STEP:

1-2-3 Forward left, right, left
4-5-6 Forward right, left, right

DROP HAND MOVE LEFT & BACK:

1-2-3 Drop lady's left hand turn lady behind man. Man step to left, right, left
4-5-6 Step back right, left right. Turn lady left to CW position

BASIC WALTZ STEPS:

1-2-3 Forward left, right, left
4-5-6 Forward right, left, right

BASIC WALTZ STEP IN PLACE:

1-2-3 Pick up lady's right hand. Do basic in place left, right, left
4-5-6 Basic step backward right, left, right

LEFT WEAVE, RIGHT WEAVE:

1-2-3 Cross left over right (right, left, right)
4-5-6 Cross right over left (right, left, right)

TWO ½ TURNS TO SWEETHEART POSITION:

1-2-3 Drop lady's right hand while turning, still holding left hand, turn left ½ turn

Man turns under lady's left arm left, right, left

4-5-6 Still holding lady's left hand, lady turns ½ turn left under mans left arm back to sweetheart position right, left, right

BASIC FORWARD:

1-2-3 Forward left, right, left
4-5-6 Drop lady's left hand turning lady to right, move forward to meet next lady right, left, right

REPEAT

To make this a basic circle waltz change the last six count to the following steps:

LADY:

STEP BEHIND, ½ TURN TO LEFT TO C/W POSITION

1-2-3 Drop mans left hand, still holding right, step behind man left, right, left
4-5-6 Pick up mans left hand with right hand, turn ½ turn to left back to CW Position right, left, touch

MAN:

MOVE FORWARD, BACKWARD, TURN LADY

1-2-3 Drop lady's left hand still holding right, while stepping forward left, right, left
4-5-6 Pick up lady's right hand with left, while stepping back turn lady ½ turn to left back to CW Position
