

Manna-Tease Strut

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Intermediate/Advanced
編舞者: Jane Wardell (USA)
音樂: Stray Cat Strut - Stray Cats



FORWARD TOE DIGS (RIGHT & RIGHT, LEFT & LEFT), RIGHT POINT ¼ TURN RIGHT, CROSS LEFT BEHIND & FRONT

1&2 Moving forward, dig right toes forward, & sway back onto left, dig right toes forward
3&4 Moving forward, dig left toes forward, & sway back onto right, dig left toes forward
5-6 Point right toe forward, swing/sweep right foot right ¼ turn right stepping right
7&8 Cross-step left behind right, & step right to right side, cross-step left over right

RIGHT POINT/CROSS, LEFT POINT/CROSS, POINT RIGHT & LEFT, MONTEREY ½ TURN LEFT

1-2 Point right toe to right side, cross-step right over left
3-4 Point left toe to left side, cross-step left over right
5&6 Point right toe to right side, & step right together, point left toe to left side
7-8 Sweep left behind right ½ turn left, step down left

RIGHT ROCK BACK/RECOVER, TOUCH/STEP FRONT, PIVOT ½ TURN RIGHT, LEFT HEEL DOWN, BACK RIGHT & CROSS (COASTER STEP)

1-2 Rock-step back on right, recover left
3-4 Touch right toes next to left, step forward right
5-6 Pivot ½ turn right while stepping back onto left toes, step down on left heel
7&8 Step back on right, & step back on left, cross-step right over left

VINE LEFT-CROSS RIGHT, SNAP FINGERS, SWAY HIPS LEFT/RIGHT, SAILOR STEP

1-2 Step left to left side, cross-step right behind left
&3-4 Step left to left side, step right over left, hold/snap fingers
5-6 Rock-step left to left side, sway hips to right side
7&8 Step left behind right, & step right to right side, step left to left side

REPEAT
