

Maniac On The Floor

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Lisa B. Martin
音樂: Maniac - L5



STEP TOUCH, STEP TOUCH, GRAPEVINE

1-2 Step right to right side, touch left beside right
3-4 Step left to left side, touch right beside left
5-6 Step right to right side, step left behind right
7-8 Step right to right side, cross left foot over right

STEP TOUCH, STEP TOUCH, STEP FORWARD FORWARD, STEP BACK BACK

1-2 Step right to right side, touch left beside right
3-4 Step left to left side, touch right beside left
5-6 Step forward on right, step left foot forward
7-8 Step right foot back, step left foot back

CROSS ROCK, BACK ROCK, SIDE SHUFFLE ¼, STEP PIVOT ½

1-2 Cross rock right over left, recover on left
3-4 Rock back on right, recover on left
5&6 Step right to right side, step left beside right, step right ¼ turn right
7-8 Step forward on left, pivot ½ turn right

WALKS FORWARD KICK, WALKS BACK

1-2 Walk forward left, right
3-4 Walk forward left, kick right
5-6 Walk back right, left
7-8 Walk back right, left

JUMP FORWARD CLAP, JUMP BACK CLAP, STEP BEHIND, SIDE ROCK, STEP BEHIND

&1-2 Performed to the left diagonal jump forward on right, left, clap hands
&3-4 Performed to the left diagonal jump back on right, left, clap hands
5-6 Step right behind left, rock left to left side
7-8 Recover on right, step left behind right

JUMP FORWARD CLAP, JUMP BACK CLAP, STEP BEHIND ¼, WALK, WALK

&1-2 Performed to the right diagonal jump forward on right, left, clap hands
&3-4 Performed to the right diagonal jump back on right, left, clap hands
5-6 Step right behind left, step left ¼ turn left
7-8 Walk forward right, left

SHUFFLE FORWARD, SHUFFLE FORWARD, ROCK FORWARD RECOVER, ROCK BACK RECOVER

1&2 Performed to the right diagonal step forward on right, step left beside right, step forward on right
3&4 Performed to the left diagonal step left foot forward, step right beside left, step left forward
5-6 Rock forward on right, recover on left
7-8 Rock back on right, recover on left

WALK X4, STEP PIVOT ½ TWICE

1-4 Walk round a full turn left on right, left, right, left
5-6 Step forward on right, pivot ½ turn left

7-8 Step forward on right, pivot $\frac{1}{2}$ turn left

REPEAT

TAG

At the beginning of the 3rd wall only perform the first 32 counts of the dance then add this simple tag

JUMP FORWARD CLAP, JUMP BACK CLAP, PADDLE $\frac{3}{4}$ TURN

&1-2 Jump forward on right, left, clap hands

&3-4 Jump back on right, left, clap hands

5-8 Paddle a full turn round turning left on right, left, right, left

RESTART

After you have performed the tag above, restart the dance from the beginning. You should be facing your starting wall again
