

Manhattan

拍數: 64 牆數: 4 級數:
編舞者: Peter Metelnick (UK) & Alison Metelnick (UK)
音樂: Boy From New York City - Manhattan Transfer



Start after 24 counts, which is 16 counts after they start singing & 16 counts before the verse vocals

RIGHT SIDE TOUCH, RIGHT TOUCH TOGETHER, RIGHT ½ BOX, LEFT SIDE TOUCH, LEFT TOUCH TOGETHER

- 1-2 Touch right to right side, touch right together
- 3-6 Step right to right side, step left together, step right forward, hold
- 7-8 Touch left to left side, touch left together

VINE LEFT 5, RIGHT HITCH & ½ RIGHT, RIGHT TO RIGHT SIDE, LEFT TOUCH TOGETHER

- 1-4 Step left to left side, cross step right behind left, step left to left side, cross step right over left
- 5-8 Step left to left side, hitch right knee & turn ½ right, step right to right side, touch left together (or hold on right)

(DIAGONAL ROCKS) LEFT FORWARD AND BACK ROCKS & RECOVER, LEFT SIDE STRUT, ½ LEFT & RIGHT SIDE STRUT

Counts 1-4 will be on left diagonal

- 1-4 Rock left forward, recover weight on right, rock left back, recover weight on right
- 5-6 Touch left toes to left side, step left heel down
- 7-8 Turning ½ left touch right toes to right, step right heel down

(DIAGONAL ROCKS) LEFT BACK, FORWARD, BACK ROCKS & RECOVER TURNING ¼ LEFT, LEFT SIDE POINT, HOLD

Counts 1-4 will be on left diagonal

- 1-4 Rock left back, recover weight on right, rock left forward, recover weight on right
- 5-6 Rock left back, recover weight on right turning ¼ left & stepping forward
- 7-8 Point left to left, hold

LEFT FORWARD LOCK STEP, HOLD, RIGHT FORWARD, ½ LEFT PIVOT TURN, RIGHT SIDE POINT, HOLD

- 1-4 Step left forward, lock right behind left, step left forward, hold
- 5-8 Step right forward, pivot ½ left, point right to right, hold

RIGHT CROSS STEP, LEFT SIDE POINT, LEFT CROSS STEP, RIGHT KICK, RIGHT BACK, LEFT CROSS TOUCH, LEFT FORWARD, HOLD

- 1-4 Cross step right over left, point left to left, cross step left over right, kick right to right diagonal
- 5-8 Step right back, cross touch left over right, step left forward, hold

RIGHT FORWARD, ½ LEFT PIVOT TURN, ¼ LEFT & RIGHT SIDE STEP, HOLD, WEAVE RIGHT 4

- 1-4 Step right forward, pivot ½ left, turning ¼ left step right to right side, hold
- 5-8 Cross step left behind right, step right to right side, cross step right over left, step right to right side

LEFT SAILOR HEEL, HOLD, ¼ LEFT & LEFT FORWARD, HOLD, RIGHT FORWARD, ½ RIGHT PIVOT TURN

- 1-4 Cross step left behind right, step right to right, touch left heel forward, hold
- 5-8 Turning ¼ left step left forward, hold, step right forward, pivot ½ left

REPEAT

