

# M&J 2 Dance (L/P)

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 1      級數: Beginner line/partner dance  
編舞者: Michael Scoggins (USA) & Jeanne Scoggins (USA)  
音樂: Steppin' Out - Scooter Lee



## STEP SLIDE, SIDE SHUFFLE, ¼ TURN ROCK STEP, SHUFFLE ½ TURN

- 1      **MAN:** Step left foot to left side  
      **LADY:** Step right foot to right side
- 2      **MAN:** Slide right foot beside left foot  
      **LADY:** Slide left foot beside right foot
- 3      **MAN:** Step left foot to left side  
      **LADY:** Step right foot to right side
- &      **MAN:** Step right foot beside left foot  
      **LADY:** Step left foot beside right foot
- 4      **MAN:** Step left foot to left side  
      **LADY:** Step right foot to right side
- 5      **MAN:** Pivot ¼ turn left step forward right  
      **LADY:** Pivot ¼ turn right step forward left
- 6      **MAN:** Rock back on right foot  
      **LADY:** Rock back on left foot
- 7      **MAN:** Step right foot ¼ turn to right  
      **LADY:** Step left foot ¼ turn to left
- &      **MAN:** Step left foot beside right foot  
      **LADY:** Step right foot beside left foot
- 8      **MAN:** Step right foot ¼ turn to right  
      **LADY:** Step left foot ¼ turn to left

## ½ TURN, SHUFFLE, ½ TURN, SHUFFLE ¼ TURN

- 1      **MAN:** Step left foot forward  
      **LADY:** Step right foot forward
- 2      **MAN:** Turn ½ turn to right weight to right  
      **LADY:** Turn ½ turn to left weight to right
- 3      **MAN:** Step left foot forward  
      **LADY:** Step right foot forward
- &      **MAN:** Step right foot beside right  
      **LADY:** Step left foot beside left
- 4      **MAN:** Step left foot forward  
      **LADY:** Step right foot forward
- 5      **MAN:** Step right foot forward  
      **LADY:** Step left foot forward
- 6      **MAN:** Turn ½ turn to left weight to left  
      **LADY:** Turn ½ turn to right weight to right
- 7      **MAN:** Step ¼ turn left on right foot  
      **LADY:** Step ¼ turn right on left foot
- &      **MAN:** Step left foot beside right  
      **LADY:** Step right foot beside left
- 8      **MAN:** Step right foot beside left  
      **LADY:** Step left foot beside right

## WALK, WALK, WALK, TOUCH

- 1      **MAN:** Step left foot forward

2            **LADY:** Step right foot backward  
              **MAN:** Step right foot forward  
3            **LADY:** Step left foot backward  
              **MAN:** Step left foot forward  
4            **LADY:** Step right foot backward  
              **MAN:** Touch right foot beside right  
              **LADY:** Touch left foot beside right  
5            **MAN:** Step right foot backward  
              **LADY:** Step left foot forward  
6            **MAN:** Step left foot backward  
              **LADY:** Step right foot forward  
7            **MAN:** Step right foot backward  
              **LADY:** Step left foot forward  
8            **MAN:** Touch left toe beside right  
              **LADY:** Touch right toe beside left

### **BUMP, BUMP, ROLL, ROLL**

1            **MAN:** Bump hips left  
              **LADY:** Bump hips right  
2            **MAN:** Bump hips left  
              **LADY:** Bump hips right  
3            **MAN:** Bump hips right  
              **LADY:** Bump hips left  
4            **MAN:** Bump hips right  
              **LADY:** Bump hips left  
5            **MAN:** Bending knees roll hips left  
              **LADY:** Bending knees roll hips right  
6            **MAN:** Bending knees roll hips right  
              **LADY:** Bending knees roll hips left  
7            **MAN:** Bending knees roll hips left  
              **LADY:** Bending knees roll hips right  
8            **MAN:** Bending knees roll hips right  
              **LADY:** Bending knees roll hips left

### **REPEAT**

**For mixer, change last four steps:**

### **STEP BACK AND FORWARD & ROLLING VINE**

5            **MAN:** Step back on left foot  
              **LADY:** Step ¼ turn right on right foot  
6            **MAN:** Step back on right foot  
              **LADY:** Step ¼ turn right on left foot  
7            **MAN:** Step forward on left foot  
              **LADY:** Spin ½ turn right on right foot  
8            **MAN:** Step forward on right foot  
              **LADY:** Step left foot beside right foot

**For line dance everybody starts on right foot**

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