

# Manchester (Spirit Of Freedom)

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Charlie Bowring (UK)  
音樂: We Shall Be Free - Garth Brooks



- 1&2      Left shuffle forward  
3&4      Step right to side, ½ turn right on ball of left, step right to side  
5-6      Step left to side, rock onto right  
7&8      Step left behind right, step right to side, step left across in front of right
- 9&10      Step right diagonally forward, angling body 1/8 turn left bumping hips right, left, right  
11&12      Step left diagonally forward, angling body 1/8 turn right, bumping hips left, right, left  
13&14      Step right side, making ¼ turn left bumping hips right, left, right  
15&16      Left shuffle ¾ turn left continuing to travel forward
- 17&18      Kick right forward, in place, side  
19&20      Step right behind left, step left to side, touch right beside left  
21&22      Step right forward, pivot ½ left, ½ turn left stepping back on right 23-24 step left to side, slide right to left (no weight on right)
- 25-26      Step right to side, step left beside right  
27&28      Step right forward, touch left behind right, ¼ turn right stepping onto left  
29-30      Step right to side, rock onto left  
31&32      Shuffle right to side

## REPEAT

## TAG

End of 5th wall:

## & STEP LEFT IN PLACE

- 1-2      Walk forward right, left  
3&4      Step right forward, rock back on left making ½ turn right, step right forward  
5-8      Mirror counts 1-4 with left
- 9&10      ¼ turn left stepping right to side, pushing hips right, left, right  
11&12      ½ turn left stepping left to side, pushing hips left, right, left  
13&      Bump hips right, left  
14      ¼ turn right stepping on right  
15&      Step left forward, pivot ½ turn right  
16      Touch left in place next to right