

Man What A Man

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Improver two step
編舞者: Michele Perron (CAN)
音樂: Man What a Man - Nancy Hays



WALK, WALK, WALK, HOLD, SIDE, HOLD, BACK, BACK

1-2 (QQ) Right step forward, step left forward
3-4 (S) Right step forward, hold
5-6 (S) Left step to side left, hold
7-8 (QQ) Right step back, step left back

SIDE (POSE), HOLD, SIDE (POSE), HOLD, SIDE, ACROSS, SIDE, HEEL

1-2 (S) Execute $\frac{1}{4}$ turn right with right step side right and place hands on hips (3:00), hold
3-4 (S) Left rock/step side left and place hands on hips (face diagonal left), hold
5-6 (QQ) Right step side right and diagonal back, left step across front of right
7-8 (S) Right step side right, left heel diagonal left forward

Face diagonal right on counts 5-7, face diagonal left on count 8

SIDE, ACROSS, SIDE, HEEL, FORWARD, HOLD, FORWARD, TURN

1-2 (QQ) Left step to side left and diagonal back, right step across front of left
3 (S) Left step to side left, right heel diagonal right forward

Face diagonal left on counts 1-3, face diagonal right on count 4

5-6 (S) Right step forward with $\frac{1}{4}$ turn right, hold (6:00)
7-8 (QQ) Left step forward, execute $\frac{1}{2}$ turn right with right step forward (12:00)

FORWARD, HOLD, FORWARD, BACK, BACK, FORWARD, TURN/SLIDE, HOLD

1-2 (S) Left step forward, hold
3-4 (QQ) Right rock/step forward, left recover/step back
5-6 (QQ) Right rock/step back, left recover/step forward
7-8 (S) Execute $\frac{1}{4}$ turn right with right drag/slide towards left, ending with right beside left, hold (3:00)

REPEAT
