

Mamma Mya!

拍數: 72 牆數: 3 級數: Intermediate
編舞者: Robin Sin (SG)
音樂: Dancin' Queen - The Cast Of Mamma Mia



BUMP HIPS FORWARD TWICE, TOUCH, TOUCH, SAILOR ½ TURN

1&2 Bump hips forward on right-left-right
3&4 Bump hips forward on left-right-left
5-6 Touch right forward, touch right to the right side
7&8 Step right behind left, making a ¼ right, step left to side, making a ¼ right, step right to side

CROSS SHUFFLE, & BEHIND & FRONT, STEP, TOUCH, BUMP HIPS

9&10 Cross left over right, step right to the side, cross left over right
&11&12 Step right to side, step left behind right, step right to the side slightly back, cross left over right
13&14 Step right to the side, touch left toe behind right while clicking fingers to the right
15&16 Bumps hips to the left on left-right-left (weight on left)

BEHIND SIDE CROSS, STEP, TOUCH, BUMP HIPS, BEHIND, ¼ TURN, FORWARD

17&18 Step right behind left, step left to the side, cross right over left
19-20 Step left to the side, touch right behind left while clicking fingers to the left
21&22 Bump hips to the right on right-left-right
23&24 Step left behind right, making a ¼ turn right, step forward on right, step forward on left

MAMBO ROCK, COASTER STEP, ROCK STEP, ½ TURN SHUFFLE

25&26& Rock forward on right, recover on left, rock right to the side, recover on left
27&28 Step back on right foot, step left beside right, step forward on right
29-30 Rock forward on left, recover on right
31&32 ¼ turn left, step left to the side, close right beside left, ¼ turn left, step left forward

MAMBO ROCK, COASTER STEP, ROCK STEP, ¾ TURN SHUFFLE

33&34& Rock forward on right, recover on left, rock right to the side, recover on left
35&36 Step back on right foot, step left beside right, step forward on right
37-38 Rock forward on left, recover on right
39&40 ¼ turn left, step left to the side, close right beside left, ½ turn left, step left forward

TOUCH, TOUCH, FORWARD SHUFFLE, STEP, ¾ TURN, STEP, BEHIND, SIDE, TOUCH TWICE

41-42-43&44 Touch right toe forward, touch right toe back, shuffle forward on right, left, right
45&46-47&48 Step forward on left, pivot ¾ turn right, step left to the side, step right behind left, step left to side, touch right beside left

Restart from here during 3rd wall, you will be facing 9:00.

49-56 Repeat count 41-48

SIDE TRIPLE STEPS TWICE, JAZZ BOX ½ TURN

57&58 Step right to the side, close left beside right, step right to the side
59&60 Step left to the side, close right beside left, step left to the side
61-64 Cross right over left, making a ¼ turn right, step back on left, making a ¼ turn right, step right to the side, step forward on left

SIDE TRIPLE STEPS TWICE, PIVOT ½ TURN, PIVOT ¼ TURN

65&66 Step right to the side, close left beside right, step right to the side

67&68 Step left to the side, close right beside left, step left to the side
69-70 Step forward on right, pivot $\frac{1}{2}$ turn left
71-72 Step forward on right, pivot $\frac{1}{4}$ turn left

REPEAT
