

Mamma Mia

拍數: 34 牆數: 4 級數: Improver
編舞者: Lyndy (USA)
音樂: Does Your Mother Know - ABBA



SHUFFLES, ½ TURN PIVOT, ROCK, COASTER

1&2 Shuffle forward left-right-left
3&4 Shuffle forward right-left-right
5-6 Step forward on left, pivot ½ right onto right
7-8 Rock forward left, recover on right
9&10 Step back left, step right next to left, step forward left

HEEL JACKS & CLAP, & CROSS CLAP, & CROSS, & CROSS

11&12 Right heel tap, step right next to left, left heel tap
&13-14 Step left next to right, right heel tap, clap
&15-16 Step back on right, cross left over right, clap
&17&18 Small step to right on right toe, cross left over right, repeat

RIGHT SIDE STEP, ¼ PIVOT LEFT, ROCK FORWARD RIGHT, RETURN, 2 STEP TURN, COASTER

19-20 Step right to right side, pivot ¼ left onto left
21-22 Rock forward onto right, recover left (anticipate 2 step turn)
23-24 Turn ½ right and step forward onto right, turn ½ right and step back onto left
25&26 Step back on right, step left next to right, step forward right

HIP BUMPS TRAVELING FORWARD

27&28 Touch left toe forward bumping hips left, bump hips right, step onto left bumping hips left
29&30 Touch right toe forward bumping hips right, bump hips left, step onto right bumping hips right
31&32 Touch left toe forward bumping hips left, bump hips right, step onto left bumping hips left
33&34 Touch right toe forward bumping hips right, bump hips left, step onto right bumping hips right

REPEAT

As the music starts to fade, you will be doing counts 27-34. Keep repeating counts 27-34 until music stops