

Mambolina

拍數: 32 牆數: 4 級數: Beginner
編舞者: Kate Sala (UK)
音樂: Dispara - Coti Sorokin & Pablo Duchovny



RIGHT VINE WITH ¼ TURN RIGHT, KICK, COASTER STEP, STEP, PIVOT ½ TURN

1-2 Step right to right side, cross step left behind right
3-4 Step right to right side with ¼ turn right, kick left forward
5&6 Step back on left, step right next to left, step forward on left
7-8 Step forward on right, pivot ½ turn left

SHUFFLE, STOMP, HOLD, MAMBO FORWARD, MAMBO BACK

1&2 Step forward on right, step left next to right, step forward on right
3-4 Stomp forward on left, hold
5&6 Rock forward on right, rock back on left, step back right on right
7&8 Rock back on left, rock forward on right, step forward left

JAZZ BOX, ROLLING VINE LEFT

1-2 Cross step right over left, step back on left
3-4 Step right to right side, touch left toe next to right instep
5-6 Turn ¼ left stepping forward on left, turn ½ left stepping back on right
7-8 Turn ¼ left stepping left to left side, touch right toe next to left instep

RIGHT SIDE MAMBO, LEFT SIDE MAMBO, SIDE SWITCHES X 3, FLICK BACK

1&2 Rock right out to right side, rock on left in place, step right next to left
3&4 Rock left out to left side, rock on right in place, step left next to right
5& Touch right toe out to right side, step right next to left
6& Touch left toe out to left side, step left next to right
7-8 Touch right toe out to right side, flick right foot up behind left leg

REPEAT
