

# A Mambo

拍數: 32      牆數: 2      級數: Intermediate/Advanced  
編舞者: Allan Hocking (UK)  
音樂: Mambo Mambo - Lou Bega



## HITCH SLIDE, ROCK BACK, LEFT SHUFFLE, HALF TURN

&1      Hitch right knee, step right to right side  
2      Slide left foot to right  
3      Rock back onto left  
4      Rock forward onto right  
5&6      Step left forward, step right beside left, step left forward  
7      Touch right next left, keeping weight on ball of left foot  
8      Swivel ½ turn left

## ROCK, POINT TOE, STEP TOGETHER, RIGHT SHUFFLE, ROCK QUARTER TURN, SYNCOPATED VINE RIGHT

&9      Step back on right, touch left toe forward  
&10      Step left in place, touch right beside left  
11&12      Step right forward, step left beside right, step right forward  
13      Step left foot forward turning ¼ right rocking onto left  
14      Rock back onto right as you turn  
15&16      Step left behind right, step right to right side, step left forward

## STEP, 1 ¼ SWEEP TURN, LEFT SHUFFLE, HALF SHUFFLE BACK

17      Step right forward on ball of right foot  
18-20      Extend left leg out, sweep left foot round 1 ¼ turn to right  
21&22      Step left forward, step right beside left, step left forward  
23&24      Turning ½ turn on ball of left foot, step back on right, step left beside right, step back on right

## TOUCH, TOUCH, SAILOR STEP, STEP FULL TURN, LEFT SHUFFLE

25      Touch left toe forward  
26      Touch left toe to left side  
27&28      Step left behind right, right to right side, step left forward  
29      Step right foot forward  
30      Pivot a full turn to left, crossing left leg over right  
31&32      Step forward left, step right beside left, step forward left

## REPEAT

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