

Mambo You & Me, Stationary (P)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner mambo partner dance
編舞者: Dewayne Goldman (USA) & Marilyn Goldman (USA)
音樂: Orange Colored Sky - Natalie Cole



MAN'S STEPS

The man's steps are the same as the dance "A Little Bit Of Mambo" by Jenifer (Reaume) Wolf

MAMBO FORWARD, MAMBO BACK

1-2 Step left forward, step right in place
3-4 Step left beside right, hold
5-6 Step right back, step left in place
7-8 Step right beside left, hold

SIDE ROCK, HOLD, SIDE ROCK, HOLD

1-2 Step left side on left, step right in place
3-4 Step left beside right, hold
5-6 Step right to right side, step left in place
7-8 Step right beside left, hold

STEP, HOLD, STEP, HOLD, STEP, TOGETHER, STEP, HOLD

1-2 Step left, forward, hold
3-4 Step right forward, hold
5-6 Step left forward, step right beside left
7-8 Step left forward, hold

STEP, HOLD, TURN ½, HOLD, STEP, TOGETHER, STEP, HOLD

1-2 Step right back to the right of lady, hold
3-4 Turn ½ to the right onto left, hold

Lady turns under mans left arm

5-6 Step right forward, step left beside right

Back to closed position

7-8 Step right forward, hold (weight on right)

REPEAT

LADY'S STEPS

MAMBO FORWARD, MAMBO BACK

1-2 Step right back, step left in place
3-4 Step right beside left, hold
5-6 Step left forward, step right in place
7-8 Step left beside right, hold

SIDE ROCK, HOLD, SIDE ROCK, HOLD

1-2 Step right to right side, step left in place
3-4 Step right beside left, hold
5-6 Step left side on left, step right in place
7-8 Step left beside right, hold

STEP, HOLD, STEP, HOLD, STEP, TOGETHER, STEP, HOLD

1-2 Step right back, hold
3-4 Step left back, hold
5-6 Step right back, step left beside right

7-8 Step right back, hold

STEP, HOLD, TURN ½, HOLD, STEP, TOGETHER, STEP, HOLD

1-2 Step left forward to the right of man, hold

3-4 Turn ½ to the left onto right, hold

Lady turns under mans left arm

5-6 Step left back, right next to left

Back to closed position

7-8 Step left back, hold (weight on left)

REPEAT
