

# Mambo No. 5

拍數: 32      牆數: 4      級數: Beginner  
編舞者: W.P.M. Sanders (NL)  
音樂: Mambo No.5 - Lou Bega



## FORWARD & BACK TOUCH

- 1            Left foot touch forward
- 2            Left foot close
- 3            Right foot touch back
- 4            Right foot close

## FORWARD & BACK TOUCH

- 5            Left foot touch forward
- 6            Left foot close
- 7            Right foot touch back
- 8            Right foot close

## LEFT & RIGHT TOUCH

- 9            Left foot touch left
- 10           Left foot close
- 11           Right foot touch right
- 12           Right foot close

## LEFT & RIGHT TOUCH

- 13           Left foot touch left
- 14           Left foot close
- 15           Right foot touch right
- 16           Right foot close

## STEP LEFT, SHUFFLE LEFT

- 17           Left foot step left
- 18           Right foot close
- 19           Left foot step left
- &            Right foot close
- 20           Left foot step left

## STEPS BACK

- 21           Right foot step back
- 22           Left foot step back
- 23           Right foot step back
- 24           Left foot step back

## STEP RIGHT, SHUFFLE RIGHT

- 25           Right foot step right
- 26           Left foot close
- 27           Right foot step right
- &            Left foot close
- 28           Right foot step right and  $\frac{1}{4}$  turn to the right

## STEPS FORWARD

- 29           Left foot step forward

- 30 Right foot step forward
- 31 Left foot step forward
- 32 Right foot step forward

**REPEAT**

**You can make counts 1-16 into mambo steps**

- 1 Left foot step forward
- & Right foot replace
- 2 Left foot close
- 3 Right foot step back
- & Left foot replace
- 4 Right foot close

- 5 Left foot step forward
- & Right foot replace
- 6 Left foot close
- 7 Right foot step back
- & Left foot replace
- 8 Right foot close

- 9 Left foot step left
- & Right foot replace
- 10 Left foot close
- 11 Right foot step right
- & Left foot replace
- 12 Right foot close

- 13 Left foot step left
  - & Right foot replace
  - 14 Left foot close
  - 15 Right foot step right
  - & Left foot replace
  - 16 Right foot close
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