

Mambo Mambo, Eh?

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Lou Ecken (USA) & Lori Pung (USA)
音樂: Mambo Mambo - Lou Bega



On right and left pushes, arm styling should be the one arm extended in the direction you are traveling and the other placed on the abdomen

RIGHT PUSHES, MAMBO FORWARD, MAMBO BACKWARDS

1&2& Step right foot right, slide left together, step right foot right, slide left together
3-4 Step right foot right, touch left next to right
5&6 Rock forward on left, replace weight on right, step left next to right
7&8 Rock backward on right, replace weight on left, step right next to left

STEP, PIVOT, TRIPLE STEP, MAMBO BACK, MAMBO LEFT (TOUCH)

1-2 Step left forward, pivot to the right a full turn
3&4 Step left, step right next to left, step left
5&6 Rock backward on right, replace weight on left, step right next to left
7&8 Rock left on left, replace weight on right, touch left next to right

LEFT PUSHES, MAMBO FORWARD, MAMBO BACKWARDS

1&2& Step left foot left, slide right together, step left foot left, slide right together
3-4 Step left foot left, touch right next to left
5&6 Rock forward on right, replace weight on left, step right next to left
7&8 Rock backward on left, replace weight on right, step left next to right

STEP, PIVOT, TRIPLE STEP, MAMBO BACK, MAMBO RIGHT

1-2 Step right forward, pivot to the left full turn
3&4 Step right, step left next to right, step right
5&6 Rock backward on left, replace weight on right, step left next to right
7&8 Rock right on right, replace weight on left, step right next to left

FORWARD SHUFFLE, STEP, FULL PIVOT, FORWARD SHUFFLE, STEP, HALF PIVOT

1&2 Step forward on left, lock right behind left, step forward left
3-4 Step forward on right, pivot to the left full turn
5&6 Step forward on left, lock right behind left, step forward left
7-8 Step forward on right, pivot to the left ½ turn (take weight on left)

PUSH BREAKS RIGHT & CROSS, LEFT & CROSS, RIGHT & CROSS, LEFT & CROSS

1&2 Rock right on right, step left in place, step right across left
3&4 Rock left on left, step right in place, step left across right
5&6 Rock right on right, step left in place, step right across left
7&8 Rock left on left, step right in place, step left across right

TOUCH RIGHT, ½ TURN, SHUFFLE LEFT OVER RIGHT, MAMBO RIGHT, MAMBO LEFT

1-2 Touch right toe to right side, bring right foot in, turning ½ turn to the right (weight on right)
3&4 Cross left over right, lock right behind left, step forward (angle) on left
5&6 Rock right on right, replace weight on left, step right beside left
7&8 Rock left on left, replace weight on right, step left beside right

TOUCH RIGHT, ½ TURN, SHUFFLE LEFT OVER RIGHT, MAMBO RIGHT, MAMBO LEFT

1-2 Touch right toe to right side, bring right foot in, turning ½ turn to the right (weight on right)

3&4 Cross left over right, lock right behind left, step forward (angle) on left
5&6 Rock right on right, replace weight on left, step right beside left
7&8 Rock left on left, replace weight on right, step left beside right

REPEAT
