

Mambo Magic

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Simon Parker
音樂: (I've Had) The Time of My Life - Bill Medley & Jennifer Warnes



16 count into, start on "waiting" of "I've been waiting for so long,"

MAMBO FORWARD, MAMBO BACK, ROCK RECOVER, PIVOT, PIVOT

1&2 Forward left, rock back right, close left
3&4 Back right, rock forward left, close right
5-6 Forward left, rock back right
7-8 ½ Turn to left step forward, further ½ turn step back right

SWEEP, SAILOR ¼, CHASE ½ ON THE SPOT, SKATE, SKATE, CROSS HEAL JACK

1&2 Sweep left round and step left behind right, turn ¼ to the left transferring weight to the right, step forward left
3&4 Transfer weight back to right, turn ¼ right shifting weight to left, turn further ¼ right transferring weight to right
5-6 Skate left, skate right
7&8 Cross left in front of right, step side right, touch left heel to side with body turned slightly to left

CLOSE, KICK AND POSE, GYRATE HIPS, KICK AND CROSS, UNWIND ½ AND TOUCH

&1&2 Close left to right, kick right across left, step side right, bend knees slightly with left toe touching and head to left
3-4 Gyrate hips in a to the right direction forward on "3", back on "&" and forward again on 4
5&6 Kick left, place left behind right, step right across left
7-8 Unwind ½, touch right next to left

MAMBO RIGHT, MAMBO LEFT, TOUCH RIGHT IN PLACE THEN OUT THEN OUT MORE. SLIDE RIGHT TOUCH LEFT

1&2 Step right to side, return weight to left, close right
3&4 Step left to side, return weight to right, close left
5&6 Touch right in place, touch right slightly to side, touch right further to side
7-8 Take large step to right while tipping head to left, touch left beside right

REPEAT

TAG

At the end of the hip gyration after the saxophone solo is the music changes. There are 10 counts squeezed into the place of 8 and these are danced as follows:

KICK AND STEP, "JUST A MEMORY TURN", TWO TWINKLE STEPS, WEAWE

1&2 Kick left, place left behind right, step right in place
3&4 Small step left turning ¼ left, small step forward right turning a further ¼ left, transfer weight to left
5&6 Cross right over left, side left with ball of foot, return weight to right
7&8 Cross left over right, side right with ball of foot, return weight to left
9&10 Cross right over left, side left, cross right behind left

At this point the count rate returns to normal, however the music is much calmer for the next 32 counts so should be danced differently:

TOUCH, FULL TURN RIGHT IN THREE STEPS, WAIT, STEP ACROSS, REPLACE

1-2 Side left, touch right next to left

- 3-4 Step $\frac{1}{4}$ right, keep turning $\frac{1}{2}$ stepping back left
- 5-6 Keep turning $\frac{1}{4}$ stepping side right, wait
- 7-8 Step left across right, replace weight to left

FULL TURN LEFT IN THREE STEPS, WAIT, SIDE, CROSS, SIDE, TOUCH BEHIND

- 1-2 Step $\frac{1}{4}$ left, keep turning and step back right
- 3-4 Keep turning and step side left, wait
- 5-6 Step side right, cross left over right
- 7-8 Step side right, cross left behind right

UNWIND $\frac{1}{2}$, CROSS, REPLACE, SIDE, CROSS, REPLACE SIDE

- 1-2 Unwind $\frac{1}{2}$, transfer weight to left
- 3-4 Step right across left, return weight to right
- 5-6 Step side right, step left across right
- 7-8 Return weight to right, step left

FULL TURN TO RIGHT, CROSS, REPLACE, SIDE AND CROSS, TURN $\frac{1}{4}$ RIGHT

- 1-2 Step $\frac{1}{4}$ right, keep turning $\frac{1}{2}$ and step back left
- 3-4-5 Keep turning $\frac{1}{4}$ and step side right, step left across right, return weight to right
- 6&7 Step side left, return weight to right, step left across right
- 8 Turn $\frac{1}{4}$ right and step right

At this point the music returns to full energy levels and the main sequence is danced to the end
