

Mambo Madness

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Leanne Matthews
音樂: Mambo Mambo - Lou Bega



WALKS FORWARD, CROSS CHASSE, SIDE ROCK, SAILOR STEP

1-2 Walk forward: right, left
3&4 Cross-step right over left, step left to left side, cross-step right over left
5-6 Rock left to left side, rock weight back onto right
7&8 Cross-step left behind right, step right to right side, step left to left side

2 JUMPS FORWARD, SAILOR TURN (¼-RIGHT), STOMPS FORWARD WITH HANDS, HEAD MOVEMENTS

1-2 Jump forward on both feet twice (arm out at waist, limbo)
3&4 Cross-step right behind left, step left to left side, turning a ¼ right step forward right
5 Stomp forward left (left hand up at shoulder level)
6 Stomp right forward (right hand on stomach) (both hands are now in position)
7-8 Turn head left, turn head to face forward (both hands are still in position)

ROCK STEP, COASTER STEP, SHUFFLE FORWARD, STEP (½-LEFT) TURN

You can now drop both hands

1-2 Rock forward on right, rock weight back onto left
3&4 Step back on right, step left beside right, step forward on right
5&6 Step forward on left, step right beside left, step forward on left
7-8 Step forward on right, pivot ½ turn left

ROCK STEP, COASTER STEP, SHUFFLE FORWARD, STEP (¼-LEFT) TURN

1-2 Rock forward on right, rock weight back onto left
3&4 Step back on right, step left beside right, step forward on right
5&6 Step forward on left, step right beside left, step forward on left
7-8 Step forward on right, pivot ¼ turn left

REPEAT
