

Mambo Jive

拍數: 0 牆數: 4 級數: Intermediate mixed rhythm
編舞者: Max Perry (USA)
音樂: Mambo Italiano - Bette Midler



Sequence: AA, B, AA, A (1-8), B, C, AA,A (1-8). The dance starts on the vocals after the beat kicks in

SECTION A

KICK, CROSS, SHUFFLE SIDE, JAZZ BOX TURNING ¼ RIGHT

1-2 Kick right diagonally to right, cross step right behind left
3&4 Left shuffle to left side (left, right, left)
5-6-7-8 Cross right over left starting to turn right, step left back, step right side, step left forward

KICK, CROSS, SHUFFLE SIDE, JAZZ BOX TURNING ¼ RIGHT

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KICK, STEP BACK, CROSS IN FRONT (LOCK), STEP BACK, TURN ½ LEFT, LEFT SHUFFLE FORWARD, ½ TURN LEFT

1-2-3-4 Kick right forward, step right back, cross step left over right, step right back & turn ½ left
5&6 Left shuffle forward (left, right, left)
7-8 Step right forward & turn ½ left, step left in place

ROCK FORWARD & BACK, 2 - ½ TURNS LEFT

1-2-3-4 Rock right forward, step left in place, rock right back, step left in place
5-6 Step right forward & turn ½ left, step left in place
7-8 Step right forward & turn ½ left, step left in place

SECTION B

FORWARD TURNING ¼ RIGHT, SIDE, CROSS BEHIND, POINT SIDE, CROSS BEHIND, SIDE, CROSS, POINT SIDE

1-4 Step right forward & turn ¼ right, step left to left side, cross right behind left, point left to left side
5-8 Cross left behind right, step right to right side, cross left in front right, point right to right side

CROSS POINT, CROSS POINT, CROSS, SIDE, BEHIND, POINT

1-4 Cross step right over left, point left to left side, cross left over right, point right to right side
5-8 Cross right over left, step left to left side, cross right behind left, point left to left side

CROSS BEHIND, SIDE, CROSS IN FRONT, KICK DIAGONALLY FORWARD, ROCK BACK, STEP IN PLACE, KICK FORWARD

1-2-3 Cross left behind right, step right to right side, cross left over right (stepping diagonally forward)
4-5-6 Kick right diagonally forward, rock right back, step left in place
7-8 Step right diagonally forward, kick left diagonally forward to the right also

ROCK BACK, CROSS ROCK, TURN 360 TO LEFT STEPPING FORWARD, BACK, LEFT SHUFFLE SIDE

1-2 Rock left back, step right in place
3-4 Rock left forward, step right in place (recover & start to turn left - about 1/8 to ¼)
5-6 Step left forward turning left, step right back turning left

Completing a full rotation - facing same side wall

7&8 Left shuffle to left side

SECTION C

KICK, CROSS, SIDE, CROSS, KICK, CROSS, SIDE, CROSS

1-4 Kick right diagonally to right, cross right behind left, step left to left side, cross right over left
5-8 Kick left diagonally to left, cross left behind right, step right to right side, cross left over right

KICK, CROSS, KICK, CROSS, KICK, CROSS, KICK, CROSS

1-2 Kick right diagonal forward, cross right behind left
3-4 Kick left diagonal forward, cross left behind right
5-6 Kick right diagonal forward, cross right behind left
7-8 Kick left forward, cross left behind right

JAZZ JUMP BACK, CLAP, JAZZ JUMP BACK, CLAP, 4 QUICK SWIVELS FORWARD (SKATES)

&1-2 Step right back & to the right, step left back & to the left, clap
&3-4 Repeat the jazz jump back, clap
5-8 Step right forward turning right toe out, step left forward turning left toe out, repeat right, left

RIGHT SIDE SHUFFLE, ROCK BACK, LEFT SIDE SHUFFLE, ROCK BACK

1&2 Right shuffle to right side (right, left, right)
3-4 Rock left back, step right in place
5&6 Left shuffle to left side (left, right, left)
7-8 Rock right back, step left in place (recover)

TOE HEEL CROSS, TWIST, TWIST, TOE HEEL CROSS, TWIST, TWIST

1-2-3&4 Touch right toe in to left instep, touch right heel to right side, cross right over left, twist both heels left, right
5-6-7&8 Touch left toe in to right instep, touch left heel to left side, cross left over right, twist both heels right, left

RIGHT SHUFFLE SIDE, ¾ PIVOT TURN (WALK AROUND TURN) RIGHT, ¾ TRAVELING PIVOT LEFT, LEFT SIDE SHUFFLE

1&2 Right side shuffle (right, left, right)
Start to turn right on 3rd step of shuffle - to diagonal
3-4 Step left diagonally forward and turn ¾ right, step right in place
5-6 Step left forward turning ½ left, step right back turning ¼ left
7&8 Left shuffle to left side (left, right, left)

You should still be on a side wall
