

# Mambo Jambo

拍數: 32      牆數: 4      級數: Improver  
編舞者: Jo Thompson Szymanski (USA) & Kathy Hunyadi (USA)  
音樂: Bailamos - Enrique Iglesias



## MAMBO BASIC FORWARD & BACK

- 1&2      Rock forward on left foot, recover weight back to right foot, step back on left foot  
3&4      Rock back on right foot, recover weight forward to left foot, step forward on right foot  
5&6      Rock forward on left foot, recover weight back to right foot, step back on left foot  
7&8      Rock back on right foot, recover weight forward to left foot, step forward on right foot

## CROSS, STEP, CROSS BALL CHANGE TRAVELING FORWARD 45 DEGREES

- 1-2      Cross left foot in front of right, step right foot forward at 45 degree angle  
3&4      Cross left foot in front of right, step right foot to side, step left foot in place  
**Body will be angled 45 degrees to left**  
5-6      Cross right foot in front of left, step left foot forward at 45 degree angle  
7&8      Cross right foot in front of left, step left foot to side, step right foot in place

**Body will now be angled 45 degrees to right**

## CROSSING TRIPLES TRAVELING BACK

- 1&2      Cross left foot in front of right, step back on right foot, step left beside right (square off to wall)  
3&4      Turning body 45 degrees left, cross right foot in front of left. Step back on left, step right beside left (squaring off to wall)  
5&6      Turning body 45 degrees right, cross left in front of right, step back on right, step left beside right (square off to wall)  
7&8      Turning body 45 degrees left, cross right foot in front of left, step back on left, step right beside left (square off to wall)

## SYNCOPATED CROSS ROCK STEP; SKATE RIGHT, LEFT, RIGHT; SYNCOPATED CROSS ROCK STEP; ¼ LEFT; STEP

- 1&2      Cross rock left over right, recover weight back to right foot, step left to side  
3-5      Angling body 45 degrees with each toe step and turning toes out, swivel right foot, left foot, right foot (as if you were skating!)  
6&7      Cross rock left over right, recover weight back to right foot, turn ¼ to left stepping forward on left foot  
8      Step right foot next to left

**REPEAT**