

# Mambo Italiano

拍數: 64                      牆數: 4                      級數: Intermediate  
編舞者: Lesley Hawker (UK) & Natalie Hawker (UK)  
音樂: Mambo Italiano - Shaft



## RIGHT ROCKS FORWARD & BACK WITH ½ SHUFFLE TURN RIGHT

1-2                      Rock forward onto right, rock back onto left  
3-4                      Rock back onto right, rock forward onto left  
5-6                      Rock forward onto right, rock back onto left  
7&8                     Shuffle step, ½ turn, stepping right, left, right

**Optional arms: Lift both arms on rocks forward. On right rock back, wrap right arm behind waist and right arm in front of waist. On left rock back wrap left arm behind waist and right arm in front**

## LEFT ROCKS FORWARD & BACK WITH ½ SHUFFLE TURN LEFT

9-10                     Rock forward onto left, rock back onto right  
11-12                    Rock back onto left, rock forward onto right  
13-14                    Rock forward onto left, rock back onto right  
15&16                    Shuffle step, ½ turn, stepping left, right, left

## TOE POINTS RIGHT, LEFT, RIGHT, LEFT, STEP, HEEL DROPS X 3

17&                     Point right toe to right side and bring back to place  
18&                     Point left toe to left side and bring back to place  
19&                     Point right toe to right side and bring back to place  
20&                     Point left toe to left side and bring back to place  
21                      Step right to right side  
22-24                    Lift right heel and drop it down three times

**Optional arms: on first right toe point click both fingers down to the right. On first left toe point click both fingers down to the left. On second right toe point click both fingers up to the right. On second left toe point click both fingers up to the left. On heel drops arc both arms over head from left to right**

## THIGH SLAPS LEFT, RIGHT, LEFT, RIGHT. STEP, CROSS, STEP, CROSS (WITH BENT KNEES AND FEET APART)

25                      Slap both thighs taking both hands to left  
26                      Slap both thighs taking both hands to the right  
27                      Slap both thighs taking both hands to the left  
28                      Slap both thighs taking both hands to the right  
29                      Step left to left side  
30                      Step cross right over left  
31-32                    Step left to left side, step cross right over left

**At end of count 28, both arms should finish at shoulder height on right Michael Flatley style and hold at this position for counts 29-31**

## 2 X TURNING KICK BALL CHANGES, TRAVELING KNEE POPS

33                      ¼ turn to left, kicking left forward  
&34                     Step left beside right, step right in place  
35                      ¼ turn to left, kicking left forward  
&36                     Step left beside right, step right in place  
37                      Step back on left, pop right knee forward  
38                      Step back on right, pop left knee forward  
39                      Step back on left, pop right knee forward  
40                      Step back on right, pop left knee forward  
41-48                    Repeat steps 33-40

## **HIP BUMPS & CHUG RIGHT 1 ½ TURNS**

- 49&50 Step diagonally forward on left and bump hips twice  
51&52 Step diagonally forward on right and bump hips twice  
53-56 With weight on right leg, stomp left foot beside right and start to turn to right. Continue to rotate as foot stomps 3 more times until completed 1 ¼ turns to right

## **STEP HITCH, KICK HITCH, BACK TOGETHER, HEEL RAISE**

- 57-58 Step forward on right, hitch left knee  
59-60 Kick left leg to left side and bring knee back to place and hitch  
61-62 Step back on left, step right foot back beside left  
63 Lift both heels off floor (and stick out butt)  
64 Lower both heels to floor

**REPEAT**

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