

Mambo Italiano

拍數: 32 牆數: 4 級數: Improver
編舞者: Lyn Cooper, Karen Norris (AUS) & Renata Yates (AUS)
音樂: Mambo Italiano - Shaft



SIDE, ROCK, CROSS, HOLD TWICE

1-4 Step right to right side, rock onto left, step right across left, hold & clap
1-4 Step left to left side, rock onto right, step left across right, hold & clap

BACK, BACK, COASTER STEP

1-2 Step right back, step left back
3&4 Step right back, step left together, step right forward

LEFT HEEL FRONT, LEFT TOE BACK, LEFT SHUFFLE FORWARD

1-2 Touch left heel forward, touch left toe back
3&4 Step left forward, step right together, step left forward

RIGHT HEEL FRONT, RIGHT TOE BACK, ¼ LEFT PIVOT

1-2 Touch right heel forward, touch right toe back
3-4 Step forward on right, pivot ¼ turn left taking weight on left

CROSS SHUFFLE, ½ RIGHT HINGE STEP

1&2 Step right across left, step left to left side, step right across left
3-4 Step left to left side, turning ½ right step right to right side (hinge step)

LEFT SAILOR STEP, RIGHT SAILOR STEP

1&2 Step left behind right, step right to right side, step left to center
3&4 Step right behind left, step left to left side, step right to center

45 DEGREES LEFT ROCK FORWARD, BACK, CHA-CHA-CHA ON THE SPOT

1-2 Step/rock left forward at 45 degrees, rock back onto right
3&4 Step left-right-left in place

REPEAT

Due to the long introduction of the song and to get into the mood we start the dance after 48 beats as follows. This is not a bridge and is only done once in the intro

1-8 Four right hips, four left hips
9-16 Two right hips, two left hips, single hips right-left-right-left
17-24 Two right hips, two left hips, single hips right-left-right-left
25-28 Stomp right, hold & clap, stomp right, hold & clap
29-32 Four stomps with right foot