Mambo Italiano



拍數: 64 牆數: 1 級數: Intermediate

編舞者: Charlee B (UK)

音樂: Mambo Italiano - Shaft



RIGHT SIDE ROCK, RECOVER, CROSS SHUFFLE LEFT, LEFT SIDE ROCK, RECOVER, TRIPLE FULL TURN RIGHT

1-2	Rock right for	oot to riaht. 1	recover onto left

3&4 Cross right over left, step left to left, cross right over left

5-6 Rock left foot to left, recover onto right

7&8 Triple full turn to right stepping left, right left (on the spot)

9-16 Repeat steps 1-8

ROCK FORWARD RIGHT, RECOVER, RIGHT LOCK STEPS BACK, ROCK BACK LEFT, RECOVER, LEFT LOCK STEPS FORWARD

17-18 Rock forward on right, recover onto left

19&20 Step back right, lock left over right, step back right

21-22 Rock back on left, recover onto right

23&24 Step forward left, lock right behind left, step forward left

RIGHT AND LEFT STOMPS FORWARD, ARM LIFTS AND POINTS, BODY ROLL

25-26 Stomp right foot forward raising right arm vertically, stomp left beside right raising left arm

vertically

27-28 Lower right arm pointing down, lower left arm pointing down

29-32 Body roll forward and up

Alternative to steps 29-32: bump hips right, left, right, left

SIDE RIGHT, TOGETHER, JUMP RIGHT X 3, SIDE LEFT, TOGETHER, JUMP LEFT X 3

33-34 Step right to right, close left to right
35&36 With feet together jump 3 times to right
37-38 Step left to left, close right to left
39&40 With feet together jump 3 times to left

Alternative: side jumps can be replaced with chasses right and left during steps 35&36 and 39&40 respectively

STEP BACK RIGHT, TAP LEFT ACROSS RIGHT, LEFT LOCK STEPS FORWARD

41-42 Step back right, tap left toe across right foot

43&44 Step left forward, lock right behind left, step left forward

45-48 Repeat steps 41-44

SIDE RIGHT, LEFT BEHIND, SYNCOPATED CROSS STEP, SIDE RIGHT, SIDE LEFT, RIGHT BEHIND, SYNCOPATED CROSS STEP, SIDE LEFT

49-50 Step right to right, cross left behind right

&51-52 Step right beside left, cross left over right, step right to right

53-54 Step left to left, cross right behind left

&55-56 Step left beside right, cross right over left, step left to left

STOMPS BACK, FORWARD, OUT AND IN

57-58	Stomp right foot back, stomp left beside right
59-60	Stomp right foot forward, stomp left beside right

61-62 Stomp right foot to right, stomp left foot to left (feet slightly apart)

63-64 Stomp right foot in, stomp left foot in