

Mamacita

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Improver
編舞者: John Robinson (USA)
音樂: I Ain't Your Mama - Amber Dotson



VINE RIGHT, TOUCH, TOUCH OUT, BEHIND, OUT, HOOK

1-2 Right step side right, left step behind right
3-4 Right step side right, left touch next to right
5-6 Left touch out side left, left toe tap behind right
7-8 Left touch out side left, left hook across right leg

VINE LEFT WITH ¼ TURN LEFT, SIDE STEP WITH BODY ROLL RIGHT THEN LEFT

1-2 Left step side left, right step behind left
3-4 Left step into ¼ turn left (to 9:00), right touch next to left
5-6 Right step side right rolling hips/shoulders right, left touch next to right
7-8 Left step side left rolling hips/shoulders left, right touch next to left

VINE RIGHT, TOUCH, TOUCH OUT, BEHIND, OUT, HOOK

1-2 Right step side right, left step behind right
3-4 Right step side right, left touch next to right
5-6 Left touch out side left, left toe tap behind right
7-8 Left touch out side left, left hook across right leg

VINE LEFT WITH ¼ TURN LEFT, ¼ TURN LEFT WITH HIP ROLLS

1-2 Left step side left, right step behind left
3-4 Left step into ¼ turn left (to 6:00), right touch next to left
5-6 Right step ball of foot slightly forward, rolling hips right, pivot 1/8 left rolling hips left
7-8 Right step ball of foot slightly forward, rolling hips right, pivot 1/8 left rolling hips left (now facing 3:00)

ROCKING CHAIR, STEP FORWARD, TOUCH, STEP FORWARD, TOUCH

1-2 Right rock ball of foot forward, recover to left
3-4 Right rock ball of foot back, recover to left
5-6 Step right forward, left touch next to right
7-8 Step left forward, right touch next to left

Option: clap on counts 6 and 8

STOMP, HOLD, STOMP, HOLD, HEEL SWITCHES WITH HOOK

1-2 Right stomp forward at slight diagonal right, hold
3-4 Left stomp forward at slight diagonal left, hold
5&6& Right heel touch forward, right step home, left heel touch forward, left step home
7-8 Right heel touch forward, right hook across left leg

REPEAT