

Mama Told Me

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: A.C. Clarke & Nikki Hack (UK)
音樂: Mamma Told Me (Not To Come) - Tom Jones & Stereophonics



LEFT ROCK STEP, KICK HOOK PIVOT, LEFT SHUFFLE, SCUFF HITCH BACK

1-2 Rock left foot to side, rock back on right
3-4 Kick left foot across right hook left in front of right knee making $\frac{1}{4}$ turn left
5&6 Shuffle forward, left right left
7&8 Scuff right foot forward, hitch right knee, step right instep behind left foot (3 rd position)

LEFT HEEL & TOE-HEEL & TOE, HITCH $\frac{1}{4}$, COASTER STEP

1&2 Place left heel forward, step left foot in place, touch right toe next to left
3&4 Place left heel forward, step left foot in place, touch right toe next to left
5-6 Hitch right knee, make $\frac{1}{4}$ turn to right (keeping right knee raised)
7&8 Right coaster step

TAP TWICE & TURN, TAP TWICE, STEP PIVOT, LEFT SHUFFLE

1-2 Step forward on left foot and tap left heel twice-
&& Pivot $\frac{1}{2}$ turn to right
3-4 Tap right heel twice
5-6 Step forward on left foot, pivot $\frac{1}{2}$ turn to right
7&8 Shuffle forward, left right left

ROCK RECOVER, SIDE CHASSIS, TOUCH ACROSS, SIDE, KICK BALL FORWARD

1-2 Rock right foot forward, rock back on left making $\frac{1}{4}$ turn to right

ROCK RIGHT FOOT FORWARD, ROCK BACK ON LEFT MAKING $\frac{1}{4}$ TURN TO RIGHT

3&4 Step right to side, step left together, step right to side
5-6 Touch left toe across in front of right, touch left toe to side
7&8 Kick left foot forward, step on ball of left, step forward on right

REPEAT
