

# Mama Told Me

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: A.C. Clarke & Nikki Hack (UK)  
音樂: Mamma Told Me (Not To Come) - Tom Jones & Stereophonics



## LEFT ROCK STEP, KICK HOOK PIVOT, LEFT SHUFFLE, SCUFF HITCH BACK

1-2      Rock left foot to side, rock back on right  
3-4      Kick left foot across right hook left in front of right knee making  $\frac{1}{4}$  turn left  
5&6      Shuffle forward, left right left  
7&8      Scuff right foot forward, hitch right knee, step right instep behind left foot (3 rd position)

## LEFT HEEL & TOE-HEEL & TOE, HITCH $\frac{1}{4}$ , COASTER STEP

1&2      Place left heel forward, step left foot in place, touch right toe next to left  
3&4      Place left heel forward, step left foot in place, touch right toe next to left  
5-6      Hitch right knee, make  $\frac{1}{4}$  turn to right (keeping right knee raised)  
7&8      Right coaster step

## TAP TWICE & TURN, TAP TWICE, STEP PIVOT, LEFT SHUFFLE

1-2      Step forward on left foot and tap left heel twice-  
&&      Pivot  $\frac{1}{2}$  turn to right  
3-4      Tap right heel twice  
5-6      Step forward on left foot, pivot  $\frac{1}{2}$  turn to right  
7&8      Shuffle forward, left right left

## ROCK RECOVER, SIDE CHASSIS, TOUCH ACROSS, SIDE, KICK BALL FORWARD

1-2      Rock right foot forward, rock back on left making  $\frac{1}{4}$  turn to right

## ROCK RIGHT FOOT FORWARD, ROCK BACK ON LEFT MAKING $\frac{1}{4}$ TURN TO RIGHT

3&4      Step right to side, step left together, step right to side  
5-6      Touch left toe across in front of right, touch left toe to side  
7&8      Kick left foot forward, step on ball of left, step forward on right

**REPEAT**

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