Mama Ain't Happy



拍數: 16 牆數: 4 級數: Beginner

編舞者: Rick Bates (USA) & Deborah Bates (USA)

音樂: The Bath - 4 Sisters & A Cousin



TOE TOUCHES, CROSS STEP, TOE TOUCHES, CROSS STEP

1-2	Touch right toe to the right; cross right toe behind left and touch
1- <u>C</u>	TOUGHT HIGHLE LOCATE HIGHLE, GLOSS HIGHLE LOCATE DEFINITION TELL AND LOUGHT

3-4 Touch right toe to the right; step forward and diagonally to the left on right foot, crossing in

front of left

5-6 Touch left toe to the left; cross left toe behind right and touch

7-8 Touch left toe to the left; step forward and diagonally to the right on left foot, crossing in front

of right

ROCK STEP, LUNGE BACK WITH ¼ TURN, TOGETHER, SYNCOPATED TOE SWITCHES, FORWARD STEP, TOGETHER

9-10 Step forward on right foot; rock back onto left foot in place

11-12 Take a long step back on right foot making a ¼ turn to the right with the step; step left foot

next to right

13 Touch right toe forward

&14 Step right foot next to left; touch left toe forward
&15 Step left foot next to right; step forward on right foot

16 Step left foot next to right

REPEAT