

Maltese Waltz

拍數: 48 牆數: 2 級數: Improver waltz
編舞者: Jules Langstaff (UK)
音樂: Call Me - Sarah Connor



BASIC FORWARD, BASIC BACK, CROSS, SIDE, BEHIND, SIDE ROCK, CROSS

1-3 Step left forward, step right beside left, step left in place
4-6 Step right back, step left beside right, step right in place
7-9 Cross left over right, step right to right side, step left behind right
10-12 Rock right to right, recover onto left, cross right over left

HINGE BALANCE TURN ½ RIGHT, SIDE, CROSS ROCK, SIDE, CROSS UNWIND ¾ TURN LEFT, FORWARD ROCK, BACK

1-3 Turn ½ turn right stepping back on ball of left, balance on ball of left, step right to right side (now facing 6:00)

Counts 2-3 should feel slow, elevated, point right toes and sweep on turn

4-6 Cross rock left over right, recover onto right, step left to left side
7-9 Cross right over left, unwind ¾ turn left over 2 counts on balls of both feet (weight on left facing 9:00)
10-12 Rock forward on right, recover onto left, step right diagonally back right

CROSS, BACK, SIDE, SWAYS RIGHT, HOLD, HOLD, SWAY LEFT, HOLD, HOLD, SWAY RIGHT, LEFT, RIGHT

1-3 (Still facing right diagonal) cross left over right, step back right, step left to left side (feet apart now facing 9:00)
4-6 Sway onto right, hold, hold
7-9 Sway onto left, hold, hold
10-12 Sway onto, right, left, right

BASIC ¾ TURN LEFT, RIGHT BASIC BACK, LEFT TWINKLE, RIGHT TWINKLE ½ TURN RIGHT

1-3 Turn ¼ turn left stepping forward left, ½ turn left stepping back right, step left back
4-6 Step right back, step left beside right, step right in place
7-9 Cross left over right, step right to right side, step right in place
10-12 Cross right over left, ¼ turn right stepping left back, ¼ turn right step right in place

REPEAT