

# Mal's Twistin' Wigglin' Walk

**COPPER** KNOB  
BY STEPHEN METZ

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Braca Cohen  
音樂: Stampede Strut (Get the Point Mix) - Rick Tippe



Choreographed for my Hawaiian Friend Mrs. P. C. Bet. This dance is to be danced with plenty of attitude and enthusiasm

## WALK, WALKIN TWIST BACK

1-2-3&4      Walk forward right, left, right shuffle  
5-8      Walk back twisting heels as you go, left, right, left, right touch and click (reverse Trolley Dolly style)

## SAILORS, HOOK, SHUFFLE

9-12      Right sailor, left sailor  
13-14      Right heel touch forward, right heel hook up in front of left shin  
15&16      Right shuffle forward

## HIPS

17-18      Left step to the side as you execute two left hip bumps  
19-20      Two right hip bumps  
21-24      Roll hips to the left for 3 beats clap on beat 24 (give it some attitude!)

## SIDE SACHET, HALF TURN, SIDE SACHET, KICK BALL CHANGE

25&26      Right side sachet, (step right side, left step together, right step side)  
27-28      Step left forward, pivot a ½ turn right  
29&30      Left side sachet  
31-32      Right kick ball change

## REPEAT

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