

Mal's Twistin' Wigglin' Walk

COPPERKNOB
STEPPERS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Braca Cohen
音樂: Stampede Strut (Get the Point Mix) - Rick Tippe



Choreographed for my Hawaiian Friend Mrs. P. C. Bet. This dance is to be danced with plenty of attitude and enthusiasm

WALK, WALKIN TWIST BACK

1-2-3&4 Walk forward right, left, right shuffle
5-8 Walk back twisting heels as you go, left, right, left, right touch and click (reverse Trolley Dolly style)

SAILORS, HOOK, SHUFFLE

9-12 Right sailor, left sailor
13-14 Right heel touch forward, right heel hook up in front of left shin
15&16 Right shuffle forward

HIPS

17-18 Left step to the side as you execute two left hip bumps
19-20 Two right hip bumps
21-24 Roll hips to the left for 3 beats clap on beat 24 (give it some attitude!)

SIDE SACHET, HALF TURN, SIDE SACHET, KICK BALL CHANGE

25&26 Right side sachet, (step right side, left step together, right step side)
27-28 Step left forward, pivot a ½ turn right
29&30 Left side sachet
31-32 Right kick ball change

REPEAT
