Making Choices

拍數: 64

級數: Intermediate

編舞者: Crystel Rudd (AUS)

音樂: Born to Try - Delta Goodrem

SWEEP-TOUCH - SWEEP-STEP - TOUCH-1/2 TURN LEFT- STEP-1/2 LEFT

- 1-2-3 Sweep right out in an arc forward, touch right forward, sweep right out in an arc & back 4 Step back on right
- 5-6-7-8 Touch left toe back, unwind 1/2 left, step forward on right, pivot turn 1/2 left

CROSS-HOLD-BACK-1/4 RIGHT-CROSS-HOLD-BACK-SIDE

- 1-2-3-4 Cross/step right over left, hold, rock/step back onto left, turning ¼ right step right to right
- 5-6-7-8 Cross/step left over right, hold, rock/step back onto right, step left to left

CROSS-SIDE-BEHIND-¼ TURN LEFT-FORWARD-BACK-½ TURN RIGHT-FORWARD

- 1-2-3-4 Cross/step right over left, step left to left, step right behind left, turning ¼ left step forward on left
- 5-6-7 Rock/step forward on right, rock/recover weight back onto left, turning ½ right step forward 8-On right, step forward on left

SIDE-DRAG-BEHIND-ROCK-SIDE-DRAG-BEHIND-ROCK

- 1-2-3-4 Step right to right, drag left towards right, rock/step left behind right, rock/recover weight to right
- 5-6-7-8 Step left to left, drag right towards left, rock/step right behind left, rock/recover weight to left

SIDE-ROCK-CROSS-SIDE-BEHIND-SWEEP-BEHIND-SIDE

- 1-2-3-4 Rock/step right to right, rock/recover weight to left, cross/step right over left, step left to left
- 5-6-7-8 Step right behind left, back sweep left around in arc, step left behind right, step right to right

1/4 TURN LEFT-SWEEP-BACK-FORWARD-FULL TURN LEFT FORWARD-STEP LEFT, RIGHT

- 1-2-3 Turning ¼ right step back on left, sweep right around behind left, rock back on right
- 4 Step forward on left
- Step forward on right and turn a full turn left keeping left foot close to floor using 2 counts 5-6
- 7-8 Step forward on left, step forward on right

STEP-¼ RIGHT-STEP-¼ RIGHT-CROSS-SIDE-BEHIND-¼ RIGHT FORWARD

- Step forward on left, pivot 1/4 right, step forward on left, pivot 1/4 right 1-2-3-4
- 5-6-7-8 Cross/step left over right, step right to right, step left behind right, turning 1/4 right step forward on right

ROCK FORWARD-BACK-½ LEFT BACK-½ LEFT BACK-BACK-TOGETHER-FORWARD-SWEEP

- 1-2-3 Rock/step forward on left, rock/recover weight to right, turning ½ left step forward on left 4 Turning ¹/₂ left step back on right
- 5-6-7-8 Step back on left, step right beside left, step forward on left, sweep right around to right side Continue sweep forward for count 1 to begin dance again

REPEAT

TAG

At the end of 3rd and 6th walls

- 1-2-3-4 Step forward on right, step left beside right, step back on right, drag left towards right
- 5-6-7-8 Step back on left, step right beside left, step forward on left, sweep right out to right side





牆數:2