

Makin' A Mess

拍數: 68 牆數: 0 級數:
編舞者: Ty Barton (AUS)
音樂: Do You Wanna Make Something of It - Jo Dee Messina



- 1&2& Touch left heel forward, bring left together, touch right heel forward, bring right together
3&4 Touch left toe to left side, bring left together, small low kick right to right side
5 Step right behind left
&6 Step left to left side at 45 degrees left, step right forward & across left at 45 degrees left
7-8 Kick left forward twice
- 1&2 Step left back, step right to right side turning ¼ turn right, step left forward at 45 degrees right
3-4 Kick right forward twice
5&6 Coaster step: step right back, step left together, step right forward
7-8 Rock forward onto left, rock back onto right
- & Turn 45 degrees left to face front
1-2 Rock onto left to left side, tock onto right to right side
3&4 Tock onto left to left side, tock back onto right behind left, rock forward onto left
5-6 Rock onto right to right side, rock onto left to left side
7&8 Rock onto right to right side, rock back onto left behind right, rock forward onto right
- 1-2 Step left to left side, step right behind left
&3-4 Step left to left side, touch right across over left, click fingers (both hands at shoulder height)
&5-6 Step right to right side, step left to left side (shoulder width apart) clap
&7-8 Step right to right side, step left across over right, click fingers (both hands at shoulder height)
- 1-2 Step right to right side, step left behind right
&3-4 Step right to right side, cross left over right, turn ½ turn right (unwinding keep weight on left)
5&6 Coaster step; step right back, step left together, step right forward
7&8 Shuffle forward left-right-left
- 1-2 Step right to right side, step left behind right
&3-4 Step right to right side, cross left over right, slick fingers (both hands at shoulder height)
5&6 Step right to right side, cross left behind right, click fingers (both hands at shoulder height)
&7 Step right to right side, step left to left side (feet shoulder width apart)
&8 Step right to center, step left to center (keep weight on left)
- 1-2 Step right forward, pivot ½ turn left keep weight on right
3&4 Coaster step: step left back, step right together, step left forward
5-8 Stomp right forward at 45 degrees right, hold, stomp left forward at 45 degrees left, hold
- 1&2 Shuffle right-left-right to right side
& Turn ½ turn left
3&4 Shuffle left-right-left to left side
5-6 Rock back onto right behind left, rock forward onto left
7&8 Shuffle right-left-right to right side
- 1-2 Rock back onto left behind right, tock forward onto right
3&4 Kick left forward, ball change left-right

REPEAT
