

Make Your Mind Up

COPPER **NOB**
BY STEPHEN

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Ian Dunn (AUS)
音樂: Making Your Mind Up - Bucks Fizz



- 1-4 (Lock step) right forward, lock left behind right, right forward, scuff left forward
5-8 Touch left forward, ½ turn right, step left forward, ½ turn right (weight on left)
- 1-4 Rock back right, return weight on left, kick right forward, kick right forward
5-8 Step right back slightly, left forward, kick right forward, kick right forward
- 1-4 Step right toe to right, drop heel, rock/step left behind right, return weight to right
5&6-7-8 Side shuffle left-right-left to left tuning ¼ turn right, rock back right, return weight on left
- 1-2&3-4 Step forward right toe, drop heel, ½ turn right, step back left toe, drop heel
5-6-7&8 Rock back right, return weight on left, kick right forward, right beside left, left forward
- 1-4 Step forward right toe, drop heel, left toe forward turning ¾ turn right, drop heel
5-8 Rock right to right slightly back, return weight on left, cross/step left over right, hold
- 1-4 Rock left to left slightly back, return weight to right, cross/step left over right, hold

(DWIGHT'S) AT 45 DEGREES RIGHT

- 5 Twisting left heel to right touch right toe beside left instep
6 Twisting left toe to right touch right heel beside left instep
7 Twisting left heel to right touch right toe beside left instep
8 Straightening up to new wall hitch right

Alternate steps:

- 5-6-7 Insert twists with both feet on the floor

REPEAT

RESTART

Restarts on wall 3, 5 and 8 always at count 36

FINISH

The dance finishes at count 24, shuffle to left, touch right behind left, ½ turn right to end dance
