

Make That Move

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Kash Bane (UK)
音樂: Me And You - Cassie



Starting position: feet shoulder width apart

STEP IN'S, POINT, STEP TOGETHER, STEP, HEEL AND CROSS, POINT, KNEE POPS

- &1-2 Step right forward, step left next to right, point right to right side
- &3-4 Step right next to left, step left to left side, dig right heel to right side
- &5-6 Step down on right foot, cross left over right, point right to right side
- 7&8 Pop right knee in, pop right knee out, turn right knee in and put weight onto right foot while popping left knee out

WEIGHT AND CROSS, POINT, CROSS, POINT, STEP, STATIONARY SWIVELS, STOMP

- &1-2 Put weight onto left foot, cross right over left, point left foot to left side
- 3-4 Cross left over right, point right to right side
- 5 Step right foot slightly in front of left with weight on toe
- &6 Split heels, slide right behind left heel while closing heels
- &7 Split heels, slide right in front of left while closing heels
- 8 Stomp right foot

ROCK, ½ TURN, FULL TURN, KICK BALL CHANGE, STEP, HEEL

- 1-2 Rock right foot forward, recover onto left foot
- 3-4 Make a ½ turn over right shoulder by stepping right forward, step left next to right and on balls of both feet make a full turn
- 5&6 Kick right foot forward, step down on right, step left in place
- 7-8 Step right forward, dig left heel to left

BODY ROLL, CROSS, ¼ TURN RIGHT, ROCK AND STOMP, KICK OUTS

- 1-2 Body roll down from shoulders while facing left diagonal
- &3 Step down on left and cross right over left
- 4 Step back on left making a ¼ turn right
- 5&6 Rock back on right, recover onto left, stomp right next to left
- 7&8 Kick right forward, step right to right side, step left to left side

REPEAT
