

Make That Move

COPPER **KNOB**
BY STEPHEN

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Maureen Jones (UK) & Michelle Jones (UK)
音樂: Oye - Gloria Estefan



ROCK, COASTER, CROSS, POINT, CROSS, POINT

- 1-2 Rock forward on right, recover weight back on left
3&4 Step back on right, step left beside right, step forward on right
5-6 Step left forward and across right (bend knees slightly), point right to right (straighten knees)
7-8 Step right forward and across left (bend knees slightly), point left to left (straighten knees)

During counts 5-8 travel forward

ROCK, SHUFFLE BACK, ROCK, ½ TURN SHUFFLE

- 9-10 Rock forward on left, recover weight back on right
11&12 Shuffle back stepping on left, right, left
13-14 Rock back on right, recover weight forward on left
15&16 Make ½ turn left while stepping on right, left, right

Steps 17-32 are the reverse of steps 1-16 on the opposite foot

ROCK, FORWARD COASTER, BEHIND, POINT, BEHIND, POINT

- 17-18 Rock back on left, recover weight forward on right
19&20 Step forward on left, step right beside left, step back on left
21-22 Step right back and behind left (bend knees slightly), point left to left (straighten knees)
23-24 Step left back and behind right (bend knees slightly), point right to right (straighten knees)

During counts 21-24 travel back

ROCK, SHUFFLE, ROCK, ½ TURN SHUFFLE

- 25-26 Rock back on right, recover weight forward on left
27&28 Shuffle forward stepping on right, left, right
29-30 Rock forward on left, recover weight back on right
31&32 Make ½ turn left while stepping on left, right, left

ROCK, TRAVELING SYNCOPATED STOMPS, ¼ PIVOT, BACK, BACK

- 33-34 Rock forward on right, recover weight back on left
35&36& Stomp forward on right, step ball of left beside right heel, stomp forward on right, step ball of left beside right heel
37-38 Stomp forward on right, pivot ¼ turn left (weight now on left)
39-40 Step back on right, step back on left

BACK, TOUCH, WALKS, HITCH, POINT, HITCH

- 41-42 Step back on right, touch left toe back
43-44 Walk forward on left, right
45-46 Walk forward on left, hitch right knee
47-48 Keeping left foot in place point right toe to right and twist hips/shoulders/head to face ¼ right, return body to front and hitch right knee

BEHIND, POINT, BEHIND, POINT, COASTER, SHUFFLE

- 49-50 Step right back and behind left (bend knees slightly), point left to left (straighten knees)
51-52 Step left back and behind right (bend knees slightly), point right to right (straighten knees)
53&54 Step back on right, step left beside right, step forward on right
55&56 Shuffle forward stepping on left, right, left

During counts 49-52 travel back

ROCK, REVERSE TRAVELING SYNCOPATED STOMPS, HITCH, POINT, HITCH, QUICK STEP

57-58 Rock forward on right, recover weight back on left

59&60& Stomp back on ball of right, step left beside right toe, stomp back on ball of right, step left beside right toe

61-62 Stomp back on right, hitch left knee

63-64& Keeping right foot in place point left toe to left and twist hips/shoulders/head to face $\frac{1}{4}$ left, return body to front and hitch left knee, quick step left beside right

REPEAT

Throughout the whole dance add sway to rocks by using Latin hips
