

Make Me Wanna

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Stephanie Mountford (UK)
音樂: Make Me Wanna Pray - Christina Aguilera



The choreographer was age 17 when this dance was written

CROSS, BACK, SYNCOPATED WEAVE

1-2 Cross right over left, step left back
3-4 Step right to right side, cross left over right, right
5-6 Step right to right side, cross left behind
7-8 Step right to right side, step left next to right

ROCK, KICK, ROCK KICK, SYNCOPATED CROSS SHUFFLE

1&2& Rock left out to left side, recover onto right, kick left foot forward, step left next to right
3&4 Rock right out to right side, recover onto left, kick right foot forward
5&6& Cross right over left, step left to left side, cross right over left, step left to left side
7&8 Cross right over left, step left to left side, cross right over left

MONTEREY ½ TURN TWICE

1-2 Point left out to left side, ½ turn left, touch left next to right
3-4 Point right out to right side, touch right next to left
5-6 Point left out to left side, ½ turn left, touch left next to right
7-8 Point right out to right side, step right next to left

VAUDEVILLE TWICE, ROCK RECOVER, SHUFFLE ½ TURN

1&2& Cross right over left, step left back slightly, step right heel forward, step right next to left
3&4& Cross left over right, step right back slightly, step left heel forward, step left next to right
5-6 Rock right foot forward, recover onto left
7&8 Turn ½ turn right, stepping right left right

CROSS BACK SIDE SHUFFLE, CROSS BACK SIDE SHUFFLE

1-2 Cross left over right, step right back
3&4 Step left to left side, step right next to left, step left to left side
5-6 Cross right over left, step left back
7&8 Step right to right side, step left next to right, step right to right side

CROSS UNWIND ½ TURN RIGHT, LEFT CROSS SHUFFLE, CROSS UNWIND ½ TURN LEFT FORWARD RIGHT SHUFFLE

1-2 Cross left over right, unwind ½ turn right
3&4 Cross left over right, step right to right side, cross left over right
5-6 Cross right over left unwind ½ turn left
7&8 Step forward right, step left behind right, step forward right

ROCK RECOVER ¼ TURN LEFT, BACK LEFT SHUFFLE, WALK BACK RIGHT LEFT RIGHT LEFT

1-2 Rock left to left side, ¼ turn left, recover back onto right
3&4 Step left back, step right next to left, step left back
5-6 Walk back right, left
7-8 Walk back right, left

STEP FORWARD, HIP BUMPS, STEP FORWARD HIP BUMPS

1-2 Step right forward pushing hips forward right, left (hip bumps)

3&4 Hip bumps right left right
5-6 Step left forward pushing hip forward left, right (hip bumps)
7&8 Hip bumps left right left

REPEAT
