

Make It

拍數: 80 牆數: 2 級數: Intermediate
編舞者: Wendy Anne Redpath (UK)
音樂: I Want To Make It With You - Bread



POINT, SWEEP, TOUCH, SHUFFLE, PIVOT ½

1-4 Point right toe in front, sweep round to behind left, touch left in place
5&6 Shuffle forward stepping left right left
7-8 Step forward right, pivot ½ left

SHUFFLE FORWARD, ROCK, SHUFFLE BACK, F/T

9&10 Shuffle forward stepping right left right
11-12 Rock forward on left, recover on right
13&14 Shuffle back stepping left right left
15-16 Make a full turn right stepping right, left

ROCK BACK, SHUFFLE, ROCK LEFT, SHUFFLE

17-18 Rock back on right, recover on left
19&20 Shuffle forward stepping right left right
21-22 Rock to left on left, recover on right
23&24 Shuffle forward stepping left right left

ROCK RIGHT, SHUFFLE, ROCK, COASTER STEP

25-26 Rock to right on right, recover on left
27&28 Shuffle forward stepping right left right
29-30 Rock forward on left, recover on right
31&32 Step back left, back right, forward left

POINT, SWEEP, TOUCH, STEP, STEP, TURN ¼ LEFT, TOUCH

33-36 Point right toes in front, sweep round to behind left touch left in place
37-40 Step down on left, step forward right, step left in place turning ¼ left, touch right beside left

POINT, SWEEP, TOUCH, STEP, STEP, TURN ¼ LEFT, TOUCH

41-44 Point right toes in front, sweep round to behind left, touch left in place
45-48 Step down on left, step forward right, step left in place turning ¼ left, touch right beside left

ROCK, CROSS SHUFFLE, ROCK CROSS SHUFFLE

49-50 Rock to right on right, recover on left
51&52 Cross right over left, step left to left, cross right over left
53-54 Rock left to left, recover on right
55&56 Cross left over right, step right to right, cross left over right

ROCK, CROSS SHUFFLE, STEP ½ LEFT, STEP & HOLD

57-58 Rock right to right, recover on left
59&60 Cross right over left, step left to left, cross right over left
61-64 Step left turning ½ left, step right beside left hold for 2 beats

ROLLING VINES RIGHT & LEFT

65-68 Make a full turn right, stepping right left right, touch left beside right
69-72 Make a full turn left stepping left right left, touch right beside left

HIP BUMPS(4) & ROCKING CHAIR

73-76

Bump hips to right, left, right, left

77-80

Rock forward on right, recover on left, rock back on right, recover on left

REPEAT
