

Make A New Start (P)

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 0 級數: Partner
編舞者: Brenda Foxley
音樂: If You Can Do Anything Else - George Strait



Position: Double hand hold. Man facing OLOD. Lady facing ILOD. Opposite footwork throughout

MAN'S STEPS

SIDE SHUFFLE, ROCK BACK, ROCK FORWARD, TWICE

1&2 Left side shuffle, stepping left, right, left
3-4 Rock back on right, recover onto left
5&6 Right side shuffle, stepping right, left, right
7-8 Rock back on left, recover onto right

SIDE SHUFFLE, ¼ TURN, TOUCH

9&10 Left side shuffle, stepping left, right, left
Release man's right/lady's left hands
11-12 Turn ¼ turn right stepping back on right, touch left beside right

SIDE SHUFFLE WITH ¼ TURN, ¼ TURN, TOUCH

Lady passing in front of man under raised arms

13&14 Left side shuffle, stepping left, right, left, turning ¼ turn right on count 14 to face ILOD
15-16 Step right ¼ turn right to face LOD, touch left beside right

STEP, LOCK, FORWARD SHUFFLE, TWICE

Still holding inside hands

17-18 Step forward on left, lock right behind left
19&20 Shuffle forward stepping left, right, left
21-22 Step forward on right, lock left behind right
23&24 Shuffle forward stepping right, left, right

ROCK FORWARD, ROCK BACK, ½ TURN SHUFFLE, STEP, ½ TURN, ¼ TURN, STEP

25-26 Rock forward on left, recover onto right
Release man's left/lady's right hands
27&28 Shuffle ½ turn, turning left, stepping left, right, left to face RLOD
29-30 Step forward on right, pivot ½ turn left, stepping onto left to face LOD
Rejoin man's left/lady's right hands
31-32 Turn ¼ turn to left stepping right to right side to face ILOD, step left beside right
Rejoin man's right/lady's left hands to resume double hand hold

33-64 Repeat counts 1-32 using opposite footwork
I.e. Man dance lady's steps, lady dance man's steps

REPEAT

LADY'S STEPS

SIDE SHUFFLE, ROCK BACK, ROCK FORWARD, TWICE

1&2 Right side shuffle, stepping right, left, right
3-4 Rock back on left, recover onto right
5&6 Left side shuffle, stepping left, right, left
7-8 Rock back on right, recover onto left

SIDE SHUFFLE, ¼ TURN, TOUCH

9&10 Right side shuffle, stepping right, left, right

Release man's right/lady's left hands

11-12 Turn ¼ turn left stepping back on left, touch right beside left

SIDE SHUFFLE WITH ¼ TURN, ¼ TURN, TOUCH

Lady passing in front of man under raised arms

13&14 Right side shuffle, stepping right, left, right, turning ¼ turn left on count 14 to face OLOD

15-16 Step left ¼ turn left to face LOD, touch right beside left

STEP, LOCK, FORWARD SHUFFLE, TWICE

Still holding inside hands

17-18 Step forward on right, lock left behind right

19&20 Shuffle forward stepping right, left, right

21-22 Step forward on left, lock right behind left

23&24 Shuffle forward stepping left, right, left

ROCK FORWARD, ROCK BACK, ½ TURN SHUFFLE, STEP, ½ TURN, ¼ TURN, STEP

25-26 Rock forward on right, recover onto left

Release man's left/lady's right hands

27&28 Shuffle ½ turn, turning right, stepping right, left, right to face RLOD

29-30 Step forward on left, pivot ½ turn right stepping onto right to face LOD

Rejoin man's left/lady's right hands

31-32 Turn ¼ turn to right stepping left to left side to face OLOD, step right beside left

Rejoin man's right/lady's left hands to resume double hand hold

33-64 Repeat counts 1-32 using opposite footwork

I.e. Man dance lady's steps, lady dance man's steps

REPEAT
