A Major Move



拍數: 32 編數: 2 級數: Intermediate

編舞者: Seona Cameron (UK)

音樂: You (Remix) (feat. Lil Wayne) - Lloyd



TAP TAP KICK, HIP BUMPS

Tap right next to left, tap right next to left, kick right forward

3&4 Step right back bumping hips back, forward, back

5-6 Bump hips forward, bump hips back 7&8 Bump hips forward, back, forward

SKATE SKATE, BACK TOGETHER, HITCH, CROSS, ½ TURN LEFT

1-2 Skate right forward and to right side, skate left forward and to left side

3-4 Step back and together on right, step back and together on left

On count 3, lift left shoulder. On count 4, lift right shoulder

5-6 Hitch right knee, cross step right over left

7-8 Make ½ turn left over 2 counts (6:00)

SLIDE TOGETHER, KNEE POP, SHOULDER SHRUG, (REPEAT TO LEFT SIDE)

1-2 Step right large step to right side, slide left up to and close next to right

3&4& Pop knees out to sides, return, shrug shoulders up, return

5-6 Step left large step to left side, slide right up to and close next to right

7&8& Pop knees out to sides, return, shrug shoulders up, return

SIDE SWITCHES, POINT, HITCH, CROSS, BACK, SIDE TOGETHER SIDE, STOMP

1&2& Point right to right, close right, point left to left, close left
3&4 Point right to right, hitch right knee up, cross right over left

5 Step back on left

Step right to right, close left, step right to right

8 Stomp left next to right

REPEAT