

Maija's Lament

COPPERKNOB
STEPPERS

拍數: 96 牆數: 2 級數: Intermediate
編舞者: Coralie Hilakari (AUS)
音樂: When He Calls - Blue Ridge Rangers



Begin dancing on the word "Calls" when the singer sings "Oh when he calls"

HEEL/TOE STRUTS FORWARD OPTIONAL HAND WAVES RIGHT TO LEFT

1-4 Step forward on right heel, slap right toe down, repeat on left
5-8 Repeat above 4 counts

SIDE, BEHIND, TRIPLE STEP

1-2 Step to side on right, step left behind right
3&4 Triple step in place right-left-right
5-7&8 Repeat above counts on left

ROCK STEPS, SHUFFLES, ROCK STEPS

1-2 Step/rock forward on right, rock back on left
3&4 Shuffle back right-left-right
5&6 Shuffle back left-right-left
7-8 Rock/step back on right, rock forward on left

SIDE JUMPS & PIVOTS

&1-2 Jump (small jump &) to side right on right, step left beside right, hold
&3-4 Jump (small jump &) to side right, touch left beside right (no weight), hold
5-8 Step forward on left, pivot ½ turn right, repeat

&1-2 Jump (small jump &) to side left on left, step right beside left, hold
&3-4 Jump (small jump &) to side left, touch right beside left (no weight), hold
5-8 Step forward on right, pivot ½ turn left, repeat

SHUFFLES, TURN, SHUFFLES

1&2-4 Shuffle to right (right-left-right), rock back on left, rock forward on right
5&6-8 Shuffle to left (left-right-left), rock back on right, rock forward on left

1-4 Vine to right, touch left beside right on 4th count
5-8 Vine to left, touch right beside left on 4th count

SHUFFLES, TURN, SHUFFLES

The following shuffles move backwards with ½ turn to right

1&2-3&4 Shuffle back right-left-right, shuffle back left-right-left
& Turn a ½ turn right pivoting on ball of left foot
5&6-7&8 Shuffle back right-left-right, shuffle back left-right-left

VINE, PADDLE TURN

Optional hand movements on vine are in the style of Jo Thompson's dance "Cowboy Rhythm". Brush down across the thighs on count 1, up on count 2, snap fingers on count 3, clap hands on count 4.

Wave hands in the air on paddle turns

1-4 Vine to right, scuff left on 4th count
5-8 Vine to left, scuff right on 4th count
1-8 Step forward on right, pivot ¼ turn to left (repeat to complete full turn paddle turn)

TOE/HEEL STRUTS BACK, SHUFFLE, ROCK STEPS

Optional hand movements on toe/heel struts back wave arms over head from right to left side

- 1-8 Step back on right toe, drop heel to floor, step back on left toe, drop heel to floor, repeat
- 1&2 Shuffle to right side (right-left-right)
- 3-4 Rock/step back on left, rock forward on right
- 5&6 Shuffle to left side (left-right-left)
- 7-8 Rock/step back on right, rock forward on left

REPEAT

On 3rd dance sequence do not turn on shuffles back to complete dance to front wall
