Magnolia Blues

拍數: 0

級數: Intermediate

編舞者: Larry Hayden (UK)

音樂: Magnolia Tree - The Tallboys

Sequence: AA B C AA B C AA BB C. The last 'B' can be replaced with an 'A'. Then Finish with Part C. As a further (easier) alternative the dance could be danced all Parts A or B with Part C as the bridge and ending.

PART A

KICK RIGHT TWICE, WALK BACK, TOE DIGS, STEP, TOUCH

- 1-2 Kick right foot forward twice
- 3-4 Walk back right, left
- 5-6 Tap (or dig) the right toe twice (behind left)
- 7-8 Step back on right, touch left toe to right instep

KICK LEFT TWICE, WALK BACK, TOE DIGS, STEP, TOUCH

- 9-10 Kick left foot forward twice
- 11-12 Walk back left, right
- 13-14 Tap (or dig) left toe twice (behind right)
- 15-16 Step forward on left, touch right toe to left instep

2 X ½ MONTEREY TURNS

- 17-18 Point right to right side, 1/2 turn right on ball of left foot as right closes next to left
- 19-20 Point left toe to left side, close left next to right
- 21-24 Repeat counts 17-20

ROCK STEP FORWARD, LOCK STEP WITH HOLDS

- 25-26 Rock forward onto right, recover weight back onto left
- 27-28 Rock back onto right (with weight), hold
- 29-30 Step back on left, lock right across in front of left
- 31-32 Step back on left, hold

ROCK STEP BACK, TOE, HEEL, CROSS, HOLD

- 33-34 Rock back onto right, recover weight forward onto left
- Rock forward onto right, hold 35-36
- 37-38 Touch left toe to right instep, touch left heel to right instep
- Cross left over in front of right (with weight), hold 39-40

SLOW COASTER, HOLD, SIDE ROCK, HOLD

- 41-42 Step back right, step left next to right
- 43-44 Step forward right, hold
- 45-46 Step left to left side, recover onto right
- 47-48 Step left next to right (with weight on left), hold

KICK RIGHT TWICE, WALK BACK, TOE DIGS, HEEL ½ PIVOT, HOOK

- 49-50 Kick right forward twice
- 51-52 Walk back right, left
- 53-54 Tap (or dig) right toe twice (behind left)
- 55-56 Pivoting half turn right on ball of left foot touch (or dig) right heel behind, hook right foot across in front on left knee

FORWARD SHUFFLE, ROCK, SLOW COASTER, HOLD





牆數:4

- 57&58 Shuffle forward right, left, right
- 59-60 Rock forward onto left, recover weight onto right
- 61-62 Step back on left, step right next to left
- 63-64 Step forward on left, hold

PART B

VINE 2, HEELS JACKS

- 1-2 Step right to right side, step left behind right
- 3-4 Step right to right side, heel dig with left to forward diagonal (11:00)
- 5-6 Step down onto left, cross right in front of left
- 7-8 Step left to left side, heel dig with right to forward diagonal (1:00)

STEP, SIDE CHASSE, JAZZ BOX WITH TOE TAPS

- 9 Step down onto right
- 10&11 Side shuffle left, right left
- 12-13 Cross right over in front on left, step back left
- 14 Step right to right side
- 15-16 Tap (or touch) left toe to right instep twice

SIDE ROCK, HEEL DIGS, BACK SHUFFLE, ROCK

- 17-18 Step left to left side, recover weight onto right
- 19-20 Dig (or touch) left heel forward twice
- 21&22 Shuffle back left, right, left
- 23-24 Rock back right, recover left

SIDE CHASSE, BACK ROCK, 4 FORWARD WALKS

- 25&26 Side shuffle right, left, right
- 27-28 Rock back onto left, recover right
- 29-32 Walk forward left, right, left, right

'SHOWTIME' KICKS

- 33-34 Kick left forward diagonally across right, step down onto left
- 35-36 Kick right forward diagonally across left, step down onto right
- 37-38 Kick left forward diagonally across right, step down onto left
- 39-40 Kick right forward diagonally across left, step down onto right

HEEL DIGS, TOE TAPS, SIDE TOUCH, HOOK ¼ TURN, SHUFFLE

- 41-42 Two heel digs forward with left
- 43-44 Two toe taps behind with left
- 45-46 Touch left toe to left side, turning ¼ to left hook left across in front of right
- 47&48 Shuffle forward left, right, left

ROCK, SHUFFLE ¼, ROCK, SHUFFLE ½

- 49-50 Rock forward right, recover left
- 51&52 Turning ¼ right shuffle right, left, right
- 53-54 Rock forward left, recover right
- 55&56 Turning ½ left shuffle left, right, left

1/4 MONTEREY, ROCK, SHUFFLE

- 57-58 Point right to right side, ¼ turn right on ball of left foot as right closes next to left
- 59-60 Point left toe to left side, touch left to right instep
- 61-62 Rock back onto left, recover right
- 63&64 Shuffle forward left, right, left

PART C

FORWARD TOE STRUTS, 2 WALKS, SHUFFLE

- 1-4 Right toe strut forward, left toe strut forward
- 5-6 Walk forward right, walk forward left
- 7&8 Shuffle forward right, left, right

Alternate step counts 7-8: back toe strut with right foot

BACK TOE STRUTS, SLOW COASTER, HOLD

- 9-12 Left toe strut back, right toe strut back
- 13-14 Step back on left, step right next to left
- 15-16 Step forward on left, hold