# Magic!



拍數: 32 編數: 2 級數: Advanced

編舞者: Pascal Nooy

音樂: Magic Carpet Ride - MDO



#### **MAMBO STEPS**

1	Right foot rock forward	
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Recover weight back on left footStep right foot beside left foot

3 Left foot rock back

& Recover weight on left foot4 Step right foot beside left foot

Rock right foot to right side
Recover weight to left foot
Step right foot beside left foot
Rock left foot to left side
Recover weight to right foot
Step left foot beside right foot

# SYNCOPATED VINE WITH 1/4 TURN TO THE RIGHT/1/2 PIVOT TURN TO THE RIGHT/KICK BALL TOUCH/HIP MOVES

Step right foot to right side
Cross left foot behind right foot
Step right foot into a ¼ turn right

11 Step left foot forward

& Turn ½ right

12 Step left foot forward

Kick forward with right footStep back on ball of right foot

14 Touch left foot forward

15 Bend knees, push hips back

& Push hips forward

Push hips back while stretching knees (weight is on the left foot)

During these last view counts your body will move down and up, just like a body roll

# ROCK/RECOVER WITH ½ TURN TO THE RIGHT/STEP/ROCK RECOVER WITH ¼ TURN TO THE LEFT/ STEP/ROCK/RECOVER WITH ½ TURN TO THE RIGHT/STEP/MAMBO ROCK

17	Rock forward on right foot
&	Recover weight to left foot

18 Spin ½ turn right, while stepping right foot forward

19 Rock forward on left foot & Recover weight to right foot

20 Spin ¼ turn left, while stepping left foot forward

21 Rock forward on right foot & Recover weight to left foot

22 Spin ½ turn right, while stepping right foot forward

23 Rock forward on left foot & Recover weight to right foot

## LOCK STEPS BACKWARDS/KICK BALL TOUCH/ HIP MOVES

25	Step back on right foot
&	Cross left foot over right foot
26	Step back on right foot
27	Step back on left foot
&	Cross right foot over left foot
28	Step back on left foot

29 Kick forward with right foot & Step back on ball of right foot

30 Touch left foot forward

31 Bend knees, push hips back

& Push hips forward

32 Push hips back while stretching knees (weight is on the left foot)

During these last view counts your body will move down and up, just like a body roll

## **REPEAT**

## **OPTIONAL ARM MOVES**

14 Swing your right arm up beside your head 15 Begin making a circle above your head & Finish making the circle above your head 16 Bring your right arm back next to your body

You repeat this movement on counts 14-16 and 30-32.