

Made Up

拍數: 32 牆數: 2 級數: Beginner
編舞者: Aimee Azzopardi (UK) & Michael O'Keefe (UK)
音樂: Sweets for My Sweet - C.J. Lewis



KICK BALL CHANGE, STEP, SLIDE, KICK BALL CHANGE, STEP, SLIDE

- 1&2 Right kick ball change (kicking diagonally forward to the right)
- 3-4 Step right foot diagonally to the right, slide left foot beside right foot
- 5&6 Left kick ball change (kicking diagonally forward to the left)
- 7-8 Step left foot diagonally to the left, slide right foot beside left foot

FOUR SKATES, SYNCOPATED VINE, ROCK AND TOUCH

- 1-4 Skate forward right, left, right, left
- 5-6 Step right foot to right side, cross left behind right
- &7&8 Step right foot to right side, rock forward onto left foot crossing over right foot, replace weight onto right foot, touch left foot next to right foot

FUNKY STRUT, FUNKY STRUT TURN, ROCKING CHAIR, ROCK AND TURN

- 1-2 Toe strut forward on left foot (lift shoulders up and down left, right, left)
- 3-4 Toe strut forward on right foot with $\frac{1}{4}$ turn to the right (lifting shoulders up and down right, left, right)
- 5&6& Left rock step forward, replace weight onto right foot, left rock step back, replace weight onto right foot
- 7&8 Left rock step forward, replace weight onto right foot, turn $\frac{1}{4}$ left

COASTER STEP, LUNGE WITH CLAPS, RONDE TURN, BUMP AND BUMP

- 1&2 Right coaster step
- 3-4 Lunge forward with left foot and clap hands above head, clap hands behind the left knee (right hand is on the right side of the leg and left hand is on the left side of the leg so that the hands completely encircle the left leg)
- 5-6 Replace weight onto left, ronde $\frac{1}{2}$ turn to left
- 7-8 Bump hips to left twice

REPEAT
