

Mad Summer

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate east coast swing
編舞者: Cato Larsen (NOR)
音樂: Mad Summer - Maria Arredondo



WALK FORWARD, OUT-OUT, HIP BUMPS

1-2 Step forward right, step forward left
3-4 Step right slightly right, step left slightly left (shoulder width apart)
5&6 Bump your hips left, right, left as you lean over to left side
7&8 Bump your hips right, left, right as you lean over to right side

TOGETHER & FLICK, CROSS, MAMBO CROSS, ¼ PIVOT TURN, ¼ PIVOT TURN, CROSS SHUFFLE

1 Step left next to right and flick right foot out and back
2 Step right across left
3&4 Step left to left side, rock back onto right (recover), step left across right
5 Pivot ¼ turn right stepping back on right
6 Pivot ¼ turn right stepping left to left side
7&8 Step right across left, step left to left side, step right across left

POINT, ¼ TURN & POINT, STEP, ¼ TURN, POINT IN-OUT-IN, ¼ TURN, ¼ TURN

1-2 Point left toe to left side, pivot ¼ turn right and point left toe to left side
3-4 Step forward on left, pivot ¼ turn left stepping right to right side
Styling: roll your head and shoulders into the turn like in a body roll
5&6 Point left toe to left side, point left toe next to right, point left toe to left side
7 Pivot ¼ turn left stepping forward on left
8 Pivot ¼ turn left touching right toe next to left

POINT IN-OUT-IN, ¼ TURN, ¼ TURN, MAMBO CROSS, SWEEP ¼ TURN & TOUCH

1-2 Point right toe to right side, touch right toe next to left, point right toe to right side
3 Pivot ¼ turn right stepping forward on right
4 Pivot ¼ turn right touch left toe next to right
5&6 Step left to left side, rock back onto right (recover), step left across right
7 Sweep right to the left out turning ¼ turn left
8 Touch right toe next to left

REPEAT

RESTART

On wall 4, dance the dance up to count 14. Replace count 15&16 with this:

15-16 Step right across left, pivot ¼ turn right stepping slightly back on left

Start the dance again from the top!