

Mad For Mick

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Sandra Le Brocq
音樂: I'm All Right - Madeleine Peyroux



RIGHT SIDE STEP, CROSS TOUCH, SWEEP BACK, SAILOR STEP, SLOW COASTER ¼ TURN RIGHT

- 1-2 Step right to right side, cross touch left foot in front of right
- 3 Sweep left from front to back
- 4&5 Step left behind right, step right to side, step left to side
- 6-7-8 Step back on right (starting ¼ turn to right), step left beside right (completing turn), step forward on right (3:00)

LEFT TOE STRUT, KICK BALL CHANGE, ROCK RECOVER, 'LAZY' ½ TURN SHUFFLE

- 1-2 Ball step forward on left, drop left heel
- 3&4 Kick right foot forward, ball step back with right, step left in place
- 5-6 Rock forward onto right foot, rock back onto left
- 7&8 Step back on right, ½ turn to right on heels bringing down left toes, right toes (9:00)

Optional - normal shuffle ½ turn right (step forward right, bring up left, step forward right)

LEFT ROCK RECOVER, STEP BACK, COASTER CROSS WITH ¼ TURN RIGHT, LEFT SIDE KICK, CROSS, RIGHT SIDE KICK, BALL CHANGE

- 1-2 Rock forward on left foot, recover back on right
- 3 Step back with left
- 4&5 Step back on ball of right, step left beside right, ¼ turn to right crossing right over left (12:00)
- 6-7 Low kick left out to side, (optional finger clicks, hip level) step left across right
- 8&1 Low kick right out to side (optional finger clicks, hip level), ball step back on right, step left in place

STEP FORWARD, ½ PIVOT LEFT, SHUFFLE ½ TURN LEFT, STEP ¼ TURN LEFT, CROSS ROCK, RECOVER

- 2 Step forward on right
- 3 Pivot ½ left onto left foot (6:00)
- 4&5 Shuffle ½ turn left stepping right-left-right (12:00)
- 6 ¼ turn left and step left to side (9:00)
- 7-8 Cross rock onto right and recover onto left (9:00)

REPEAT
