

Macmillan Angel

COPPERKNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Kay Longman & Alastair Longman
音樂: Oh, Nancy - Charlie Landsborough



RIGHT HOOK

- 1 Right heel touch forward
- 2 Right foot cross in front of left knee
- 3 Right heel touch forward
- 4 Right foot step in place beside left foot

LEFT MONTEREY TURN

- 5 Left toe touch out to left side
- 6 On the ball of right foot, pivot half turn to left. At the same time swing left foot back half turn, and step left foot next to right
- 7 Right toe touch out to right side
- 8 Right foot step beside left foot

LEFT HOOK

- 9 Left heel touch forward
- 10 Left foot cross in front of right knee
- 11 Left heel touch forward
- 12 Left foot step in place beside right foot

RIGHT MONTEREY TURN

- 13 Right toe touch out to right side
- 14 On ball of left foot, pivot half turn to right at the same time, swing right foot half turn back, stepping right beside left
- 15 Left toe touch out to left side
- 16 Left foot step beside right

RIGHT VINE FORWARD ON THE RIGHT DIAGONAL TOWARDS 2:00

- 17 Right foot step forward diagonally
- 18 Left foot step behind right (not a lock)
- 19 Right foot step forward
- 20 Left touch beside right

LEFT ROLLING VINE

- 21 Left foot step quarter turn to left
- 22 Pivot on ball of left foot, turn quarter turn to left, step onto right foot pivot on right foot, turn left half turn
- 23 Step onto left foot
- 24 Touch right foot beside left

For complete beginners or those who do not like full turns, the rolling vine can be a straight vine

RIGHT VINE BACKWARDS ON THE RIGHT DIAGONAL

- 25 Right foot step back towards 4 o' clock
- 26 Left foot cross behind right foot
- 27 Right foot step back
- 28 Left toe touch beside right foot

You should now be back at the starting point

LEFT JAZZ BOX WITH QUARTER TURN LEFT

- 29 Left foot cross over right foot
- 30 Right foot step back
- 31 Left foot step back with quarter turn left
- 32 Right foot touch beside left

REPEAT
