

Mac's Dance (P)

COPPER KNOB
STEPSHEETS

拍數: 28 牆數: 0 級數: Partner
編舞者: David Sinfield (UK)
音樂: Any Slow To Medium Cha-cha



Position: Start dance in Sweetheart. Both Start on the same foot

HEEL TWICE, TRIPLE STEP

1-2 Touch right heel forward twice
3&4 Triple step stepping right left right
5-6 Touch left heel forward twice
7&8 Triple step, stepping left right left

RIGHT SHUFFLE, LEFT SHUFFLE

1&2 Step forward right, close left to right, step forward right
3&4 Step forward left, close right to left, step forward left

VINE RIGHT, TOUCH, VINE LEFT, TOUCH (MAN) ROLLING VINE LEFT, TOUCH (LADY)

Both do these steps

1-4 Step right to right, step left behind right, step right to right, touch left beside right

MEN

Drop lady's right hand

5-8 Step left to left, step right behind left, step left to left, touch left beside right

LADY

You turn under man's left arm

5-8 Roll left to left in a full turn stepping left, right, left, touch right beside left

STEP, TOUCH, BACK, TOUCH, BACK, TOUCH, STEP, TOUCH

Rejoin into sweetheart

1-2 Step forward right, touch left beside right
3-4 Step back left, touch right beside left
5-6 Step back right, touch left beside right
7-8 Step forward left, touch right beside left

REPEAT
