

Maa Tham Mai?

拍數: 32 牆數: 2 級數: Improver
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音樂: Maa Tham Mai - Thongchai McIntyre



Translated means "why are you here?"

Dedicated to Felicia and Vincent Chia, and the Tennessee Tornadoes

BODY PUSH TO RIGHT AND TO LEFT

1-4 Step right foot slightly forward to right diagonal, rock body to right diagonal 4 times

Arms: both hands open, fingers together, thumb spread apart, right arm leading, "push" to right diagonal in tandem with body rock movement

5-8 Step left foot slightly forward to left diagonal, rock body to left diagonal 4 times

Arms: both hands open, fingers together, thumb spread apart, left arm leading "push" to left diagonal in tandem with body rock movement

WALK, TURN, KICK

1-2 Step on right at the same time make a $\frac{1}{4}$ turn right, step forward on left (facing right wall)

3-4 Step forward on right at the same time make $\frac{1}{2}$ turn left and kick left foot forward

5-6 Step on left, step forward on right

7-8 Step forward on left at the same time make a $\frac{1}{2}$ turn right and kick right foot forward

FORWARD SHUFFLES, RIGHT JAZZ BOX $\frac{1}{4}$ TURN

1&2 Shuffle forward, right, left, right

3&4 Shuffle forward, left, right, left

5-6 Rock forward on right foot, recover on left and turn $\frac{1}{4}$ right (now facing back wall)

7-8 Step on right, step left next to right

SCUFF, STOMPS

1-2 Scuff right foot, stomp on right foot

Arms: body should start an inclination to the right, right hand raised with palm open near the right ear as though trying hard to hear something. Left hand stretched behind with palms open and twisted to the right at the wrist - traditional Thai dance routine!

3-4 With weight on right, stomp on left foot twice

Arms: maintain body and arm position for count 3. Upon count 4 which is the second stomp, recover weight on left foot, straighten body

5-8 Repeat counts 1-4 above

REPEAT

RESTARTS:

The first restart is after the 1st repetition when you have completed the "walks, turns and kicks". The second restart will be much later after the 12th repetition. Both restarts occur after 16 counts from the top. As a result of the restarts, you would actually have completed facing all 4 walls!

ENDING:

When the music is about to end, you will be executing the "walks, turns, kicks". Just turn to face the original front wall and stretch both hands upwards and "shudder" to the sky, palms open.