

# M-7

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Dan Ross (USA) & Sharon Ross (USA)  
音樂: Heartbreak Hotel - Scooter Lee



## STEP, BEHIND, ¼ TURN, STEP, ROCK, ROCK, SWIVEL-SWIVEL-½ TURN

- 1-2      Step right to the right; cross/step left behind right
- 3      With weight on left, turn ¼ right and step right forward
- 4      Step left forward
- 5      With a rocking motion forward, step right forward
- 6      With a rocking motion backward, step left backward
- 7&      Swivel both heels right; swivel both heels to the left
- 8      Swivel both heels right while turning ½ turn left (weight on left)

## SHUFFLE, SHUFFLE, ROCK, ROCK, SWIVEL-SWIVEL-½ TURN

- 9&10      Shuffle forward right-left-right
- 11&12      Shuffle forward left-right-left
- 13      With a rocking motion forward, step right forward
- 14      With a rocking motion backward, step left backward
- 15&      Swivel both heels right; swivel both heels left
- 16      Swivel both heels right turning ½ turn left (weight on left)

## STEP-TOGETHER-STEP, ROCK STEP, STEP-TOGETHER-STEP, ¼ TURN RIGHT

- 17&18      Step right to right; step left next to right; step right to right
- 19-20      Rock back onto left behind right; rock forward onto right
- 21&22      Step left to left; step right next to left; step left to left
- 23      With weight on left, turn ½ turn to right stepping right to right side
- 24      With weight on right, turn ¼ turn to right stepping left next to right

## STEP-PIVOT, ¾ TRIPLE TURN, JUMP FORWARD-CLAP, SKATE-SKATE

- 25-26      Step right forward; pivot ½ turn left (weight to left)
- 27&28      Turning ¾ turn to the left, triple step in place right, left, right
- &29      Jump slightly forward left, right
- 30      Clap hands, changing weight to left
- 31      Step right forward at a 45 degree angle to the right
- 32      Step left forward at a 45 degree angle to the left

**REPEAT**

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