

# Lying Heart

**COPPER KNOB**  
STEPSHEETS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Narelle Duncan (AUS)  
音樂: Lyin' to My Heart - Jenai



## ROCK FORWARD BACK, SHUFFLE BACK, ROCK BACK FORWARD, & STEP ½ PIVOT.

1-2      Rock forward right, rock back left  
3&4      Shuffle back right  
5-6      Rock back left, rock onto right  
&7-8      Step left next to right & pivot ½ turn left

## FULL TURN LEFT, ROCK FORWARD BACK, LOCK SHUFFLE BACK, TOUCH PIVOT ½

1&2      Turning a full turn left, step right-left-right traveling forward  
3-4      Rock forward left, rock back on right  
5&6      Lock shuffle back stepping left-right-left  
7-8      Tap right toe back, pivot ½ turn right (weight on right)

## LEFT SIDE, RIGHT BEHIND, & CROSS ROCK RIGHT SIDE SHUFFLE, UNWIND ½ RIGHT

1-2      Step left to left side, step right behind left  
&3-4      Step onto left, step right across in front of left, rock back onto left  
5&6      Shuffle right to right side  
7-8      Cross left over right unwind ½ turn right (weight on right)

## ¼ TURN HEEL JACK, HEEL JACK, & ROCK FORWARD BACK, ¾ TURN STEP LEFT-RIGHT

1&2      Step left over right, turning ¼ left step right back, place left heel forward  
&3&4      Step left slightly to left side, step right over left, step left slightly back, place right heel forward  
&5-6      Step right beside left, step left forward, rock back onto right  
7-8      Turning ¼ turn left step left side, turning ½ turn left step right to right side

**Option: click right fingers beside right hip**

## LEFT HEEL BALL STEP TWICE, WOBBLE WALKS LEFT-RIGHT-LEFT-RIGHT

1&2      Place left heel forward, step left together, step right forward  
3&4      Place left heel forward, step left together, step right forward  
5-8      Walking forward while turning heels of feet inwards step left-right-left-right

## ROCK FORWARD BACK, ¾ TRIPLE STEP, DOROTHY STEP, STEP SCUFF

1-2      Step left forward, rock back onto right  
3&4      Turning ¾ turn left step left-right-left  
5-6      Step right forward on 45 degrees, lock step left behind right  
&7-8      Step right beside left, step left forward on 45 degrees, scuff right forward

## ROCK FORWARD BACK, 1 ½ TURN SHUFFLE TURN RIGHT, ½ PIVOT SHUFFLE FORWARD

1-2      Step right forward, rock back onto left  
3&4      Turning 1 ½ turn right shuffle right-left-right  
5-6      Step left forward pivot ½ turn right  
7&8      Shuffle forward left-right-left

## TWINKLE, TWINKLE ½ TURN, TWINKLE, TWINKLE ½ TURN

1&2      Step right over left, step left to left side, replace weight onto right  
3&4      Step left over right, turning ¼ turn left step right back, turning ¼ turn left step left to left side  
5&6      Step right over left, step left to left side, replace weight onto right

7&8

Step left over right, turning  $\frac{1}{4}$  turn left step right back, turning  $\frac{1}{4}$  turn left step left to left side

**REPEAT**

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