

Lying Heart

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Narelle Duncan (AUS)
音樂: Lyin' to My Heart - Jenai



ROCK FORWARD BACK, SHUFFLE BACK, ROCK BACK FORWARD, & STEP ½ PIVOT.

1-2 Rock forward right, rock back left
3&4 Shuffle back right
5-6 Rock back left, rock onto right
&7-8 Step left next to right & pivot ½ turn left

FULL TURN LEFT, ROCK FORWARD BACK, LOCK SHUFFLE BACK, TOUCH PIVOT ½

1&2 Turning a full turn left, step right-left-right traveling forward
3-4 Rock forward left, rock back on right
5&6 Lock shuffle back stepping left-right-left
7-8 Tap right toe back, pivot ½ turn right (weight on right)

LEFT SIDE, RIGHT BEHIND, & CROSS ROCK RIGHT SIDE SHUFFLE, UNWIND ½ RIGHT

1-2 Step left to left side, step right behind left
&3-4 Step onto left, step right across in front of left, rock back onto left
5&6 Shuffle right to right side
7-8 Cross left over right unwind ½ turn right (weight on right)

¼ TURN HEEL JACK, HEEL JACK, & ROCK FORWARD BACK, ¾ TURN STEP LEFT-RIGHT

1&2 Step left over right, turning ¼ left step right back, place left heel forward
&3&4 Step left slightly to left side, step right over left, step left slightly back, place right heel forward
&5-6 Step right beside left, step left forward, rock back onto right
7-8 Turning ¼ turn left step left side, turning ½ turn left step right to right side

Option: click right fingers beside right hip

LEFT HEEL BALL STEP TWICE, WOBBLE WALKS LEFT-RIGHT-LEFT-RIGHT

1&2 Place left heel forward, step left together, step right forward
3&4 Place left heel forward, step left together, step right forward
5-8 Walking forward while turning heels of feet inwards step left-right-left-right

ROCK FORWARD BACK, ¾ TRIPLE STEP, DOROTHY STEP, STEP SCUFF

1-2 Step left forward, rock back onto right
3&4 Turning ¾ turn left step left-right-left
5-6 Step right forward on 45 degrees, lock step left behind right
&7-8 Step right beside left, step left forward on 45 degrees, scuff right forward

ROCK FORWARD BACK, 1 ½ TURN SHUFFLE TURN RIGHT, ½ PIVOT SHUFFLE FORWARD

1-2 Step right forward, rock back onto left
3&4 Turning 1 ½ turn right shuffle right-left-right
5-6 Step left forward pivot ½ turn right
7&8 Shuffle forward left-right-left

TWINKLE, TWINKLE ½ TURN, TWINKLE, TWINKLE ½ TURN

1&2 Step right over left, step left to left side, replace weight onto right
3&4 Step left over right, turning ¼ turn left step right back, turning ¼ turn left step left to left side
5&6 Step right over left, step left to left side, replace weight onto right

7&8

Step left over right, turning $\frac{1}{4}$ turn left step right back, turning $\frac{1}{4}$ turn left step left to left side

REPEAT
