

# Lyin (P)

拍數: 48      牆數: 0      級數: Partner  
編舞者: FastFour  
音樂: 'I'd Be Lyin' - McBride & The Ride



Position: Sweetheart Position

## STEP LOCK STEP TOUCH

- 1 Left foot step forward diagonally left
- 2 Right lock behind left foot
- 3 Left foot step forward
- 4 Right toe touch to right side (slightly forward)

## CROSS OVER UNWIND STEP BACK ROCK FORWARD

- 5 Right foot cross over left foot. Drop right hands raise left, man
- 6 Left turn  $\frac{1}{2}$  (unwinds). Turns under arms as he unwinds.
- 7 Left foot step back. Rejoin hands in ?? position
- 8 Right foot rock forward (apply weight)

9-16 Repeat 1-8 (in reverse LOD)

**Raise left arms over ladies head,  $\frac{1}{2}$  turn into LOD back to sweetheart hold. Do not release hands.**

## LEFT & RIGHT SHUFFLES

- 17&18 Left shuffle  
19&20 Right shuffle

## TURN $\frac{1}{4}$ BEHIND SIDE BEHIND SIDE $\frac{1}{2}$ TURN SCUFF

- 21 Left step with  $\frac{1}{4}$  right (gent behind lady) tandem position, arms extended out
- 22 Right foot cross behind left and step (with a dip) to side at shoulder height.
- 23 Left foot step to left
- 24 Right foot cross behind left and step (with a dip)
- 25 Left foot step left with  $\frac{1}{4}$  turn left. Release left hands, bring right
- 26 Right foot scuff with  $\frac{1}{4}$  turn left. Over ladies head to face inside of circle in reverse Indian position.

## SIDE BEHIND SIDE BEHIND $\frac{1}{4}$ TURN SCUFF

- 27 Right foot step to right
- 28 Left foot cross behind right and step (with a dip)
- 29 Right foot step to right
- 30 Left foot cross behind right and step (with a dip)
- 31 Right foot step ( $\frac{1}{4}$  turn to face LOD). Release left hands raise right over
- 32 Left foot scuff forward. Ladies head rejoin left hands in sweetheart position.

## LEFT & RIGHT SHUFFLE

- 33&34 Left shuffle  
35&36 Right shuffle

## MAN ROLLS LADY WALKS

**GENT rolls to left full turn on these four steps**

- 37-40 Left-right-left-right as lady walks forward. Drop right hands raise left hands on 1,2 and lower between partners on 3,4. Man turns under left arms when raised

## **LADY ROLLS MAN WALKS**

### **LADY rolls to right full turn on these four steps**

41-44            Left-right-left-right as man walks forward raise left arms as lady turns under on 1,2 and lower on 3,4 rejoining in sweetheart position.

## **LEFT & RIGHT SHUFFLES**

45&46            Left shuffle

47&48            Right shuffle

**REPEAT**

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