

Lyin (P)

拍數: 48 牆數: 0 級數: Partner
編舞者: FastFour
音樂: 'I'd Be Lyin' - McBride & The Ride



Position: Sweetheart Position

STEP LOCK STEP TOUCH

- 1 Left foot step forward diagonally left
- 2 Right lock behind left foot
- 3 Left foot step forward
- 4 Right toe touch to right side (slightly forward)

CROSS OVER UNWIND STEP BACK ROCK FORWARD

- 5 Right foot cross over left foot. Drop right hands raise left, man
- 6 Left turn $\frac{1}{2}$ (unwinds). Turns under arms as he unwinds.
- 7 Left foot step back. Rejoin hands in ?? position
- 8 Right foot rock forward (apply weight)

9-16 Repeat 1-8 (in reverse LOD)

Raise left arms over ladies head, $\frac{1}{2}$ turn into LOD back to sweetheart hold. Do not release hands.

LEFT & RIGHT SHUFFLES

- 17&18 Left shuffle
19&20 Right shuffle

TURN $\frac{1}{4}$ BEHIND SIDE BEHIND SIDE $\frac{1}{2}$ TURN SCUFF

- 21 Left step with $\frac{1}{4}$ right (gent behind lady) tandem position, arms extended out
- 22 Right foot cross behind left and step (with a dip) to side at shoulder height.
- 23 Left foot step to left
- 24 Right foot cross behind left and step (with a dip)
- 25 Left foot step left with $\frac{1}{4}$ turn left. Release left hands, bring right
- 26 Right foot scuff with $\frac{1}{4}$ turn left. Over ladies head to face inside of circle in reverse Indian position.

SIDE BEHIND SIDE BEHIND $\frac{1}{4}$ TURN SCUFF

- 27 Right foot step to right
- 28 Left foot cross behind right and step (with a dip)
- 29 Right foot step to right
- 30 Left foot cross behind right and step (with a dip)
- 31 Right foot step ($\frac{1}{4}$ turn to face LOD). Release left hands raise right over
- 32 Left foot scuff forward. Ladies head rejoin left hands in sweetheart position.

LEFT & RIGHT SHUFFLE

- 33&34 Left shuffle
35&36 Right shuffle

MAN ROLLS LADY WALKS

GENT rolls to left full turn on these four steps

- 37-40 Left-right-left-right as lady walks forward. Drop right hands raise left hands on 1,2 and lower between partners on 3,4. Man turns under left arms when raised

LADY ROLLS MAN WALKS

LADY rolls to right full turn on these four steps

41-44 Left-right-left-right as man walks forward raise left arms as lady turns under on 1,2 and lower on 3,4 rejoining in sweetheart position.

LEFT & RIGHT SHUFFLES

45&46 Left shuffle

47&48 Right shuffle

REPEAT
