

Lust In The Dust

拍數: 32 牆數: 4 級數: Intermediate
編舞者: John Elliott (USA)
音樂: Dust on the Bottle - David Lee Murphy



SAILOR STEP VARIATION LEFT VINE VARIATION

- 1 Left foot step diagonally forward to left (45 degrees.), Leaning to left
- & Right foot cross-step behind left foot
- 2 Left foot step next to right foot, straightening up
- 3 Right foot step diagonally forward to right (45 degrees.), Leaning to right
- & Left foot cross-step behind right foot
- 4 Right foot step next to left foot, straightening up

- 5 Left foot step diagonally forward to left (45 degrees.)
- 6 Right foot cross-step behind left foot
- 7 Left foot step to left side -- feet apart
- 8 Hold. Feet are still apart (hands: clap)

SAILOR STEP VARIATION RIGHT VINE VARIATION

- 1 Right foot step diagonally forward to right (45 degrees.), Leaning to right
- & Left foot cross-step behind right foot
- 2 Right foot step next to left foot, straightening up
- 3 Left foot step diagonally forward to left (45 degrees.), Leaning to left
- & Right foot cross-step behind right foot
- 4 Left foot step next to right foot, straightening up

- 5 Right foot step diagonally forward to right (45 degrees.)
- 6 Left foot cross-step behind right foot & look to right (turn your head to look toward 3:00)
- 7 Right foot pivot on ball of left foot & step (right foot) forward toward 3:00 (you are now completely facing 3:00)
- 8 Hold. Feet are still apart (right foot forward, left foot behind) (hands: clap)

THREE-QUARTER RIGHT PIVOT, ARC*, COASTER-STEP

- 1 Left foot step forward toward 3:00
- & Right foot pivot $\frac{3}{4}$ to right on right foot (you are now facing 12:00 again)
- 2 Left foot step diagonally forward to left (45 degrees.)
- 3 Right foot cross-step over left foot
- 4 Left foot step to side

- 5 Right foot cross-step behind left foot and to left (45 degrees)
- 6 Left foot step diagonally backward to left (45 degrees.)
- 7 Right foot step backward
- & Left foot step next to right foot
- 8 Right foot stomp forward

KICK, BALL-CHANGES AND HIP BUMPS WITH QUARTER TURN RIGHT, FULL SPIN AND STOMP

- 1 Left foot kick forward
- & Ball-step next to right foot instep
- 2 Right foot step in place (replace)
- 3 Left foot kick forward
- & Ball-step next to right foot instep

- 4 Right foot step in place (replace) & bump hip to right
- 5 Left foot step forward & pivot $\frac{1}{4}$ right on ball of right foot, bumping hip to left (now facing 3:00-
-your new front wall)
- 6 Right foot with feet still apart from previous step, bump hip to right
- 7 Left foot step slightly forward, placing all weight on this foot
- & Left foot spin a full turn to right on ball of left foot (note: the spin is optional!)
- 8 Right foot stomp slightly forward (hands: clap) (the clap is optional)

REPEAT

Styling:

* Beginning with step 3-1 (through step 6), you will arc across the floor heading first forward toward 12:00, then sideways to the left (9:00), then backward toward 6:00 - all while facing 12:00.
