

# Lucky #13

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Michael G. McKenzie  
音樂: It's All About Feeling Good - Paula Abdul



**WALK FORWARD RIGHT, LEFT; RIGHT TOUCH; STEP RIGHT WITH LEFT KNEE POP (&LEFT DIAGONAL) ; SLIDE LEFT BACKWARD ON DIAGONAL, BENDING RIGHT KNEE, OPTIONAL ARM MOVEMENTS; ½ TURN LEFT ON DIAGONAL; RIGHT TOUCH; RIGHT KICK FORWARD**

- 1-2      Walk forward right, left
- 3      Touch right next to left
- &4      Step right next to left, popping left knee toward left diagonal
- 5      Slide left backward on diagonal while bending right knee, bring right forearm with clinched fist in front of chest and parallel to floor

**Easy: touch left toe behind right without bending knee, optional arm movement**

- 6      On ball of left make ½ turn left (on diagonal), transferring weight to left and straightening bent knee
- 7-8      Tap right next to left; low right kick forward

**STEP ON RIGHT; ½ RIGHT TURN ON DIAGONAL WITH LOW LEFT HITCH; LEFT TOE STRUT; TAP RIGHT NEXT TO LEFT; LARGE STEP RIGHT; DRAG AND STEP LEFT BEHIND RIGHT; HOLD**

- 1      Step on right
- 2      On ball of right make ½ turn right (on diagonal) with low left hitch
- 3-4      Left toe strut
- &5      Tap right next to left; take large step right squaring up to 9:00 wall
- 6      Drag left behind right, stepping on left
- 7-8      Cross right over left; hold

**STEP TO LEFT; CROSS RIGHT OVER LEFT; HOLD (CLAP); LEFT TOE STRUT WITH ¼ TURN; RIGHT TOE STRUT; LEFT TOE STRUT WITH ½ TURN LEFT**

- &1-2      Step slightly to left; cross right over left; clap (hold)
- 3-4      Left toe strut, making ¼ turn left
- 5-6      Right toe strut forward
- 7-8      Left toe strut, making ½ turn left

**Variation: replace toe struts with hip bumps whenever you feel like it**

**RIGHT FORWARD ON DIAGONAL; TOUCH LEFT BEHIND RIGHT; RIGHT BESIDE LEFT; LEFT FORWARD ON DIAGONAL; TOUCH RIGHT; RIGHT - LEFT HEEL SWITCHES; STEP LEFT; RIGHT TOUCH; RIGHT KNEEL ROLL WITH ¼ TURN**

- 1-2      Step forward on right diagonal; touch left behind right
- &3-4      Step right next to left; step forward on left diagonal; touch right next to left
- 5&6      Touch right heel forward; step right next to left; touch left heel forward
- &7      Step left next to right; touch right next to left
- 8      Roll right knee outward, making ¼ turn right

**Keep weight on left and start again**

**REPEAT**